

1. Please describe your general experience serving on this board, how has it gone?

I have feel honored to have served on the board and have enjoyed my role as a board member immensely. I have gained tremendous insight to the privilege this board holds in creating sustainable long-term changes for the betterment of the community. I have learned a great deal from my fellow board members and have developed working relationships with them. I hope I have also provided insight and personal experience to enrich their understanding of this community and the community needs.

2) What specific contributions or achievements have you personally been a part of on this board?

I have had the privilege of participating in the approval of funds totaling more than \$15 million to community-based nonprofit organizations to assist in the development and continuation of mental health and substance misuse programming. I have participated in focus groups with community members to better understand the community needs directly from the community itself. I continue to be in awe of the dedication, commitment and advocacy this board, the Executive Director and staff have demonstrated.

3) What goals or intentions do you hope to personally bring to the board going forward?

For the past 20 plus years I have devoted my life to working at a grassroots community level providing substance and clinical services to marginalized communities with a particular focus on communities of color. I have also had the opportunity to initiate service-learning projects, cultural events, community organizing related to social justice activism and diversity trainings for staff and clients which naturally involved collaborating with various agencies and community leaders. I am well familiar with the NGO landscape of the Denver community including the needs of this rich and diverse community.

4) Are there changes you would propose for the board itself if you could?

There are no changes I would propose at this time. Ideally, increasing the diversity of the board members would offer broader perspectives and experiences. However, this has been the most diverse board I have come across.

5) What is your capacity to meet the obligations of the board going forward? Are there any new obligations or roles you have that might pose a conflict with the board that are new/different since you were last appointed?

There are no barriers to continuing my ability to effectively serve on the board. I'm currently contracted with Sister of Color United for Education and B-Connected to provide minimal clinical services. I also work as a Behavioral Health Provider at STRIDE Community Health Center.