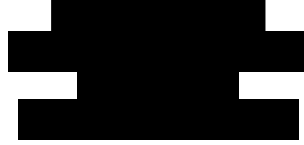


Dellena Aguilar



Education

- Ph.D. University of Denver
Major: Counseling Psychology (APA accredited).
Graduated – November 2011
- LPC Licensed Professional Counselor
License # 4933 – Issued 3/28/2008
- M.A August 2005 University of Colorado at Denver
Major: Counseling Psychology
Emphasis: Couple and Family Therapy
Graduated with Honors (3.8 GPA) Chi Sigma Iota
- B.A. May 1997 University of Colorado at Denver
Major: Psychology

Professional Training Experience

- Aug. 2011 – July 2012 **Psychological Health & Psychiatry, Boulder, CO**
Post-doctoral Fellow specialized focus on Diversity
Provided weekly supervision to a pre-doctoral intern with a primary focus in the Crisis Care track at PHP. Facilitated the Diversity Committee meetings and case discussions with pre-doctoral interns weekly. Provided individual therapy to CU students. Authored the Diversity and Excellence Grant, which was awarded to the department. Hours include grant writing, administering and interpreting ADHD assessments, and individual supervision.
Site supervisor: Hans Foote, Psy.D.
- Aug. 2010 – 2011 **Psychological Health & Psychiatry, Boulder, CO**
Pre-doctoral Intern with a specialized focus in Crisis Care and Diversity
Completed 2000 internship hours providing individual and group therapy to CU-Boulder students. Hours include administering psychological assessments, facilitated group therapy for graduate students, participated in group and individual supervision.
Site supervisor: Hans Foote, PsyD

Aug. 2007 – June 2008

Counseling and Psychological Services, Boulder, CO

Completed 400 hours at the University of Colorado at Boulder counseling center providing individual therapy to CU-Boulder students. Worked collaboratively with various on campus departments in order to provide resources and referrals to students as well as to provide consultation, workshops and trainings related to evidence-based practices interdepartmentally. Hours include outreach, group and individual supervision. Site supervisor: Jean Leonard, Ph.D.

Sept. 2005 – June 2007

Denver Women's Correctional Facility, Denver, CO

Completed 300 hours at the Denver Women's Correctional Facility: provided individual therapy with female offenders with a variety of mental health diagnoses and substance abuse issues. I worked as part of a multi-disciplinary team which included case managers, correction officers, psychiatrists, and substance abuse counselors. Site supervisor: Amy Flack, Ph.D.

May 2005 – Aug. 2005

Safehouse Progressive Alliance for Nonviolence (SPAN): Boulder, CO

Completed 600 hours: Provided individual, couples and family counseling for victims of domestic violence. Participated in individual supervision and group supervision. Provided phone crisis and case management for battered women. Supervisor: Marsha Wiggins-Frame Ph.D. and Tsunemi Rooney

Jan. 2005 – May 2005

WINGS Foundation: Lakewood, CO

Facilitated group sessions with female survivors of childhood sexual abuse. Completed 10 hours Supervisor: Pat Larson, Ph.D.

Other Professional Experience

May 2020 – Present

Behavioral Health Provider – STRIDE Community Health Center

Provide direct clinical services to patients in an integrated primary care setting, assisting and supporting the behavioral health training program, and other department related activities as assigned. Provide mental health screenings with Refugee clients and provide recommendations.

October 2019 – Present

Contracted Clinician - Sisters of Color United for Education

Provide direct care clinical services to individuals participating in the Ryan White HIV/AIDS Program. Provide Case Management on an as need a basis. Responsible for ensuring all documentation is in compliance with the Ryan White grant.

March 2018 – August 2019

Program manager – Housing First - SIB Team Colorado Coalition for the Homeless

Recruits, interviews and hires and trains new staff. Participates in providing clinical care to program participants and facilitates daily team meetings in accordance to the ACT model of care delivery. Assures compliance with Medicaid requirements and coordinates Medicaid billing for team. Assists to ensure that HUD compliance/guidelines are met, participates in completing reports, and improving inter departmental work flow as assigned. Conducts bi-monthly supervision of all team members. Participates in clinical planning and care transition as appropriate. Assists in the implementation of quality improvement activities; provides oversight, implementation, documentation and follow-up. Completes assigned staff performance reviews as necessary.

June 2013 – September 2017

Director of Mental Health Services Servicios de La Raza, Denver CO

Responsible for the development, planning and evaluation of programs and policies for the Mental Health Program. Ensure the program is compliant with licensing regulations and promote quality of care by establishing and maintaining the department's standards on both clinical and programmatic levels. Responsible for monthly reports on department's progress and updates to the Executive Director. Facilitate weekly administrative and clinical meetings to be held for the purpose of clinical supervision and case consultation, information sharing, schedule coordination and staff training. Oversee budget and financial billing for services rendered to clients. Administer psychological assessments and complete interpretive reports. Provide individual, couple and family therapy. Provide clinical trainings and community presentations with a primary focus on anti-oppression and culturally responsive practices.

March 2008 – May 2013

Assessment Clinician

Centennial Peaks Hospital, Louisville CO

Responsible for all face-to-face intervention/ psychiatric triage by providing assessment, diagnoses, and determination of level of care for patients experiencing acute symptoms including suicidal ideation, homicidal ideation and/or psychotic symptoms.

Interface with insurance organizations to obtain treatment approvals. Interface with outpatient providers and other facilities to arrange disposition of care, and all other treatment in internal departments; coordinate the entire assessment/admission process

Dec.2005 – February 2008

Therapist

Colorado Department of Human Services

Family Crisis Center, Denver CO

Provide family, individual and group therapy for Denver Human Services

Provide recommendations for adolescent placement

Provide court testimony for Dependency and Neglect cases

Provide crisis management for adolescents and families

Conduct suicide assessments for adolescents

May 2005 – February 2008

Bilingual Advocate

Safehouse Progressive Alliance for Non-violence, Boulder CO

Offer crisis line support to battered women

Conducted group and individual therapy with women and children who were victims of domestic violence

Provide referrals and advocacy

Attend weekly staff supervision and meetings

August 2005 – Dec. 2005

School Based Counselor

Arapahoe House, Denver CO

Provide substance abuse counseling to students at a Denver public middle school

Conduct group counseling sessions

Provide substance abuse prevention- education classes

Provide family consultation and therapy as needed

Aug. 2003 – Jan. 2005

School Based Counselor/ Mentor Coordinator

ECCOS Family Center, Denver CO

Provide bilingual mental health counseling for two Denver Public Schools

Maintain records and progress reports on each client

Provide family and individual counseling

Conduct group counseling with migrant woman

Provide presentations and or workshops for students and staff

Aug. 2001 – June 2003

Advisor/ Instructor

Escuela Tlatelolco, Denver CO

Instructed various classes to Latino middle and high school aged students: Healthy decision-making, Chicano Studies, Minorities and the Media, Social Justice, Mural Art and Psychology

Developed class curriculum and lesson plans

Conducted parent teacher conferences

Sept. 2000 – Feb 2001

Mental Health Worker

Third Way Center, Denver CO

Responsible for the supervision of emotionally abuse/neglected children ages 15-20

Maintained daily logs and progress for each client

Assisted in the planning of activities and workshops for students

Facilitated in group sessions

Conducted individual therapy sessions

Worked individually with each client on independent living skills to help in the transition into the community

Research:

Oct. 2010 – Aug. 2011

University of Denver

Dissertation title: “Perception of counselor cultural competence and intimate partner violence competence: as perceived by Latina survivors of IPV”.

Assistant Professor: Maria Riva, Ph.D.

Feb. 2006 – March 2007

University of Denver

“Exploring patterns and best practices in group counseling with people of color”

Presented research findings at the American Psychological Association Conference

Assistant Professor: Maria Riva, Ph.D.

Aug. 2005 – Dec. 2006

Colorado Dept. of Health and Environment

Six-month contract work assisting a quantitative research project exploring prevalence of sexual assault in Denver

Supervisor: Vickie Tomlin, Ph.D.

Dec. 2004 – Feb. 2005

Denver Youth Survey

Office of Juvenile Justice and Prevention Program

A longitudinal study of urban youth, exploring causes and correlates of delinquency

Conducted in-home interviews.

Reported to the Director of the Denver Youth Survey

Supervisor: David Huizinga, Ph.D.

Awards:

2014	“Outstanding Community Service to Underrepresented Populations” – University of Denver
2008	Miller Scholarship
2005- 2009	Graduate Dean’s Scholarship
2005 - 2007	Deans Education Scholarship
2005 - 2006	Graduate Teaching assistance

Grant Proposals Awarded:

Center for Multicultural Excellence (2006). “Enhancing awareness, sensitivity, and knowledge of multicultural group counseling” \$2,845.00

Diversity and Excellence Grant (2011). “Psychological Health and Psychiatry: Offering culturally relevant mental health services through the convergence of psychosocial and cultural factors” \$3,000.00

Leadership:

Board member for Caring for Denver Foundation April 2019 - Present

Presentation:

Presented at La Raza Youth Leadership on “Institutionalized Racism” (2019).

Participated on a panel in an EU Commission sponsored workshop aimed at better understanding the role of youth engagement and mobilization organizations. Bridging Transatlantic Voices: Youth Engagement and Mobilization (April 2018)

Presented at the Smart Policing Initiative (SPI) Collaboration Workshop sponsored by the Bureau of Justice Assistance – U.S. Dept. of Justice (4/26/2016) “Collaborating with Communities of Color”

Presented at La Raza Youth Leadership on “Institutionalized Racism” (2016).

Testified in support of House Bill 16-1295 presented by Senator Ulibarri (representing Servicios de La Raza) – 4/20/2016

Presented for the Poudre School District Parent Academy on “Adolescence and Mental Health” – 4/2015

Presented on a panel for the Community Cultural Academy to newly appointed Denver Police Officers in District 1. “Understanding the Latinx/Chicanx Community” - 2/26/2015, 2016 and 2017

Presented at the Colorado Behavioral Health Council (CBHC) Conference (2015) “Convergence of Psychosocial and Cultural Factors”

Presented on a panel Latino Mental Health Forum sponsored by Colorado Multi-Ethnic Cultural Consortium – June 2013

DU Women’s Conference (2011). Offering Culturally Relevant Domestic Violence Counseling Through the Convergence of Psychosocial and Cultural Factors.

DU’s 10th Annual Diversity Summit on Inclusive Excellence (2011). Perception of counselor cultural competence and intimate partner violence competence: as perceived by Latina survivors of IPV.

La Raza Youth Leadership (2011). “Love shouldn’t hurt”

Presented on a panel for the Latino Mental Health Forum (2013)

Committees:

Served on the Denver Sheriff Department Task Force Committee. The Task Force conducted a review of written policies and procedures within the department to identify Improvements as they relate to Use of Force policies (2015-2016).