

CDE School Health Professionals/Substance Use Prevention Menu of Options

Prevention Education	Environmental Strategies	Alternative Activities	Problem ID and Referral
Life Skills Training Program*	Sources of Strength*	Gay/ Straight Alliance	Teen Intervene*
MEI Impact and Awareness Program*	Trauma Informed Systems of Care		Coping Cat*
Learning2 Breathe*	Random Acts of Kindness*		
Signs of Suicide*			
Media Smart Youth			
Strengthening Families Program *			

School	Program chosen
Abraham Lincoln	Learning to Breathe, MEI, SOS, RAK
DCIS Montbello	Sources of Strength, Teen Intervene, GSA
Denver Online	Media Smart Youth, Teen Intervene, Trauma Informed process
DSA	MEI, Sources of Strength, SOS
DSISD	Coping Cat, LifeSkills, GSA
East	Sources of Strength, MEI, Learning to Breathe
Florence Crittenton	RAK, MEI, Teen Intervene
Grant Beacon	LifeSkills, Coping Cat
George Washington	LifeSkills, Learning to Breathe, RAK
Hamilton	Strengthening Families, Teen Intervene, MEI, LifeSkills
Henry/Bear Valley	GSA, LifeSkills, Teen Intervene, Learning to Breathe
Hill Campus	MEI, Teen Intervene, Strengthening Families
JFK	MEI, SOS, Teen Intervene
Lake International	Learning to Breathe, RAK, GSA
Manual	LifeSkills, MEI, Teen Intervene, RAK
Merrill	Sources of Strength, LifeSkills, Teen Intervene
Noel Community Arts School	Sources of Strength, GSA, LifeSkills, Teen Intervene, Strengthening Families
North	Sources of Strength, MEI, Trauma Process
Northfield	Sources of Strength, Teen Intervene, LifeSkills
Odyssey	LifeSkills, Teen Intervene, RAK, MEI
Prep	RAK, Teen Intervene, SOS
Skinner	Teen Intervene, SOS, GSA
South	SOS, Teen Intervene, Learning to Breathe
Summit Academy	Sources of Strength, Teen Intervene, SOS
TJ	Sources of Strength, LifeSkills, MEI, Coping Cat, Teen Intervene
West EC	Teen Intervene, MEI, Trauma Process
West Leadership	MEI, GSA, Learning to Breathe

Program Impact

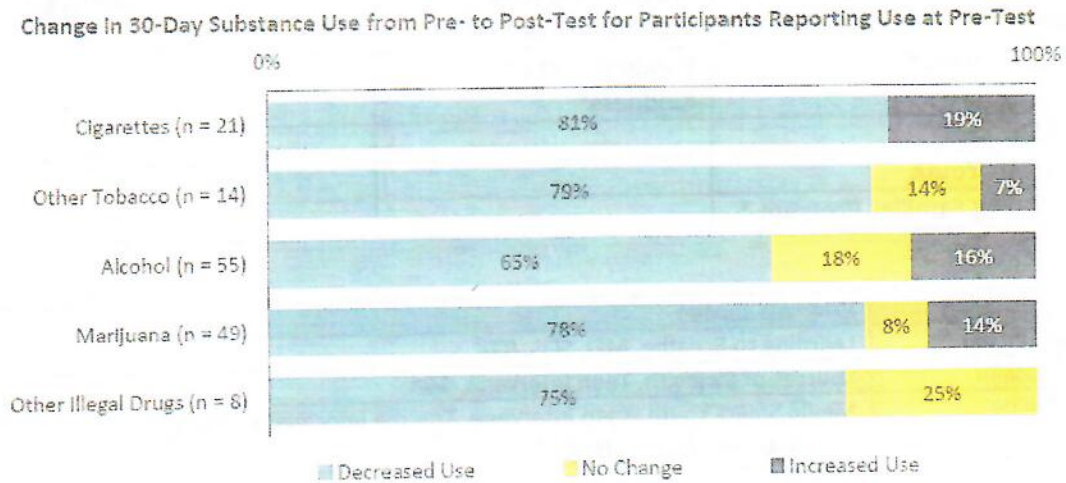
The goals of the Substance Use Prevention Program are to:

1. Prevent or delay the initiation of substance use:

It is positive to note that most students were not using substances at pre-test (95%); 96% of these non-using students maintained their abstinence at post-test.

2. Reduce past 30 day use:

For students who were using, a significant number of these students reduced or quit their use at post-test.



3. Increase the perception of harm:

Several of the program curricula showed positive increases in student perception of harm, which is notable given the general decline in perception of harm (specifically for marijuana) among young people in Colorado.