


# PROCLAMATION



City and County of Denver

## **Proclamation No. 20-0110 Proclaiming February 7, 2020 as Wear Red Day**

**WHEREAS**, cardiovascular diseases are the number one killer of women in the U.S; and

**WHEREAS**, cardiovascular diseases kill one woman almost every 80 seconds in the U.S; and

**WHEREAS**, heart disease and stroke can affect all women at any age, while new research showing a rise in heart attacks in younger women; and

**WHEREAS**, about eighty percent of cardiac events can be prevented through education and lifestyle changes; and

**WHEREAS**, all women are encouraged to move more, eat smart and manage blood pressure to reduce their risk of cardiovascular disease; and

**WHEREAS**, the American Heart Association's Go Red for Women movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

**WHEREAS**, Go Red for Women empowers women to get healthy through "Watch Me Go Red" – campaign designed to engage women to show others what they do to experience good health and wellbeing, while inspiring others to do the same; and

**WHEREAS**, by increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

**NOW THEREFORE, BE IT PROCLAIMED BY THE COUNCIL OF THE CITY AND COUNTY OF DENVER:**

**Section 1.** That the Council of the City and County of Denver, in recognition of the importance of the ongoing fight against heart disease and stroke, do hereby proclaim Friday, February 7, 2020 to be National Wear Red Day and urges all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red.

**Section 2.** That the Clerk of the City and County of Denver shall affix the seal of the City and County of Denver to this proclamation and that a copy be transmitted to The American Heart Association.

PASSED BY THE COUNCIL February 3, 2020



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PRESIDENT