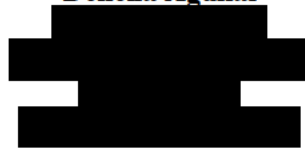


Dellena Aguilar



Education

- Ph.D. University of Denver
Major: Counseling Psychology (APA accredited).
Graduated – November 2011
License #6015 - Issued 2/02/2022
- LPC Licensed Professional Counselor
License # 4933 – Issued 3/28/2008
- M.A University of Colorado at Denver
Major: Counseling Psychology
Emphasis: Couple and Family Therapy
Graduated- August 2005 with Honors (3.8 GPA) Chi Sigma Iota
- B.A. University of Colorado at Denver
Major: Psychology
Graduated - May 1997

Professional Training Experience

- Aug. 2011 – July 2012 **Psychological Health & Psychiatry, Boulder, CO**
Post-doctoral Fellow specialized focus on Diversity
Provided weekly supervision to a pre-doctoral intern with a primary focus in the Crisis Care track at PHP. Facilitated the Diversity Committee meetings and case discussions with pre-doctoral interns weekly. Provided individual therapy to CU students. Authored the Diversity and Excellence Grant, which was awarded to the department. Hours include grant writing, administering and interpreting ADHD assessments, and individual supervision.
Site supervisor: Hans Foote, Psy.D.
- Aug. 2010 – 2011 **Psychological Health & Psychiatry, Boulder, CO**
Pre-doctoral Intern with a specialized focus in Crisis Care and Diversity
Completed 2000 internship hours providing individual and group therapy to CU-Boulder students. Hours include administering psychological assessments, facilitated group therapy for graduate students, participated in group and individual supervision.
Site supervisor: Hans Foote, PsyD

Aug. 2007 – June 2008

Counseling and Psychological Services, Boulder, CO

Completed 400 hours at the University of Colorado at Boulder counseling center providing individual therapy to CU-Boulder students. Worked collaboratively with various on campus departments in order to provide resources and referrals to students as well as to provide consultation, workshops and trainings related to evidence-based practices interdepartmentally. Hours include outreach, group and individual supervision. Site supervisor: Jean Leonard, Ph.D.

Sept. 2005 – June 2007

Denver Women's Correctional Facility, Denver, CO

Completed 300 hours at the Denver Women's Correctional Facility: provided individual therapy with female offenders with a variety of mental health diagnoses and substance abuse issues. I worked as part of a multi-disciplinary team which included case managers, correction officers, psychiatrists, and substance abuse counselors. Site supervisor: Amy Flack, Ph.D.

May 2005 – Aug. 2005

Safehouse Progressive Alliance for Nonviolence (SPAN): Boulder, CO

Completed 600 hours: Provided individual, couples and family counseling for victims of domestic violence. Participated in individual supervision and group supervision. Provided phone crisis and case management for battered women. Supervisor: Marsha Wiggins-Frame Ph.D. and Tsunemi Rooney

Other Professional Experience

January 2024 – Present

Deputy Director of Equity and Engagement – STRIDE Community Health Center

Develop and execute a comprehensive DEI strategy aligned with the organization's mission and values. Design and implement DEI programs, policies, and practices to foster an inclusive workplace. Develop and deliver DEI training and educational programs for employees at all levels. Lead efforts to attract, retain, and advance a diverse workforce by collaborating with HR on inclusive recruitment practices. Foster relationships with external organizations and communities to enhance our DEI efforts and community engagement. Collect and analyze data related to DEI initiatives, providing insights and recommendations for improvement. Provide mental health screenings with Refugee clients and provide recommendations.

May 2020 – Present

Behavioral Health Provider – STRIDE Community Health Center

Provide direct clinical services to patients in an integrated primary care setting, assisting and supporting the behavioral health training program, and other department related activities as assigned. Provide mental health screenings with Refugee clients and provide recommendations.

October 2019 – Present

Contracted Clinician - Sisters of Color United for Education

Provide direct care clinical services to individuals participating in the Ryan White HIV/AIDS Program. Provide Case Management on an as need a basis. Responsible for ensuring all documentation is in compliance with the Ryan White grant.

March 2018 – August 2019

Program Manager – Housing First - SIB Team Colorado Coalition for the Homeless

Recruit, interview, hire and train new staff.
Provided clinical care to program participants and facilitated daily team meetings in accordance to the ACT model of care delivery.
Assured compliance with Medicaid requirements and coordinates Medicaid billing for team.
Assists to ensure that HUD compliance/guidelines are met. Participated in completing reports, and improving inter departmental work flow as assigned.
Conducted bi-monthly supervision of all team members. Participates in clinical planning and care transition as appropriate. Assisted in the implementation of quality improvement activities; provided oversight, implementation, documentation and follow-up.
Completed assigned staff performance reviews as necessary.

June 2013 – September 2017

Director of Mental Health Services Servicios de La Raza, Denver CO

Responsible for the development, planning and evaluation of programs and policies for the Mental Health Program. Ensure the program is compliant with licensing regulations and promote quality of care by establishing and maintaining the department's standards on both clinical and programmatic levels. Responsible for monthly reports on department's progress and updates to the Executive Director. Facilitate weekly administrative and clinical meetings to be held for the purpose of clinical supervision and case consultation,

information sharing, schedule coordination and staff training. Oversee budget and financial billing for services rendered to clients. Provide clinical trainings and community presentations with a primary focus on anti-oppression and culturally responsive practices.

March 2008 – May 2013

Assessment Clinician

Centennial Peaks Hospital, Louisville CO

Responsible for all face-to-face intervention/ psychiatric triage by providing assessment, diagnoses, and determine level of care for patients experiencing acute symptoms. Interface with insurance organizations to obtain treatment approvals. Interface with outpatient providers and other facilities to arrange disposition of care, and all other treatment in internal departments; coordinate the entire assessment/admission process

Dec.2005 – February 2008

Therapist

Colorado Department of Human Services

Family Crisis Center, Denver CO

Provide family, individual and group therapy for Denver Human Services

Provide recommendations for adolescent placement

Provide court testimony for Dependency and Neglect cases. Provide crisis management for adolescents and families. Conduct suicide assessments for adolescents

May 2005 – February 2008

Bilingual Advocate

Safehouse Progressive Alliance for Non-violence, Boulder CO

Offer crisis line support to battered women

Conducted group and individual therapy with women and children who were victims of domestic violence

Provide referrals and advocacy

Attend weekly staff supervision and meetings

Research:

Oct. 2010 – Aug. 2011

University of Denver

Dissertation title: “Perception of counselor cultural competence and intimate partner violence competence: as perceived by Latina survivors of IPV”.

Assistant Professor: Maria Riva, Ph.D.

Feb. 2006 – March 2007

University of Denver

“Exploring patterns and best practices in group counseling with people of color”

Presented research findings at the American Psychological Association Conference
Assistant Professor: Maria Riva, Ph.D.

Aug. 2005 – Dec. 2006

Colorado Dept. of Health and Environment
Six-month contract work assisting a quantitative research project exploring prevalence of sexual assault in Denver
Supervisor: Vickie Tomlin, Ph.D.

Dec. 2004 – Feb. 2005

Denver Youth Survey
Office of Juvenile Justice and Prevention Program
A longitudinal study of urban youth, exploring causes and correlates of delinquency
Conducted in-home interviews.
Reported to the Director of the Denver Youth Survey
Supervisor: David Huizinga, Ph.D.

Awards:

2014	“Outstanding Community Service to Underrepresented Populations” – University of Denver
2008	Miller Scholarship
2005- 2009	Graduate Dean’s Scholarship
2005 - 2007	Deans Education Scholarship
2005 - 2006	Graduate Teaching assistance

Grant Proposals Awarded:

Center for Multicultural Excellence (2006). “Enhancing awareness, sensitivity, and knowledge of multicultural group counseling” \$2,845.00

Diversity and Excellence Grant (2011). “Psychological Health and Psychiatry: Offering culturally relevant mental health services through the convergence of psychosocial and cultural factors” \$3,000.00

Leadership:

Board member (Secretary) for Caring for Denver Foundation April 2019 - Present

Presentation:

Presented to the La Raza Youth Leadership on “Institutionalized Racism” (2016, 2017, 2019 and 2022).

Participated on a panel in an EU Commission sponsored workshop aimed at better understanding the role of youth engagement and mobilization organizations. Bridging Transatlantic Voices: Youth Engagement and Mobilization (April 2018)

Presented at the Smart Policing Initiative (SPI) Collaboration Workshop sponsored by the Bureau of Justice Assistance – U.S. Dept. of Justice (4/26/2016) “Collaborating with Communities of Color”

Testified in support of House Bill 16-1295 presented by Senator Ulibarri (representing Servicios de La Raza) – 4/20/2016

Presented for the Poudre School District Parent Academy on “Adolescence and Mental Health” – 4/2015

Presented on a panel for the Community Cultural Academy to newly appointed Denver Police Officers in District 1. “Understanding the Latinx/Chicanx Community” - 2/26/2015, 2016 and 2017

Presented at the Colorado Behavioral Health Council (CBHC) Conference (2015) “Convergence of Psychosocial and Cultural Factors”

Presented on a panel Latino Mental Health Forum sponsored by Colorado Multi-Ethnic Cultural Consortium – June 2013

DU Women’s Conference (2011). Offering Culturally Relevant Domestic Violence Counseling Through the Convergence of Psychosocial and Cultural Factors.

DU’s 10th Annual Diversity Summit on Inclusive Excellence (2011). Perception of counselor cultural competence and intimate partner violence competence: as perceived by Latina survivors of IPV.

La Raza Youth Leadership (2011 and 2023). “Institutional Racism” and “Love shouldn’t hurt”

Presented on a panel for the Latino Mental Health Forum (2013)

Colorado Coalition for the Homeless – Institutional Racism (2020, 2021)

COVID-19 Eviction Defense Project – Psychology of Oppression (February 2023)

DEI Series presenter – Denver Health Psychology Residents (April 2023)

Denver Health - Psychology Externs (2023)

Second Chance Center – Anti-racism in the workplace (2024)

Committees:

Served on the Denver Sheriff Department Task Force Committee. The Task Force conducted a review of written policies and procedures within the department to identify areas of improvement as they relate to Use of Force policies (2015-2016).

Cultural Competency Committee Facilitator – Servicios de La Raza (2016-2017)

Cultural Advocacy Committee (Co-Chair) – Colorado Coalition for the Homeless – (2018-2019)