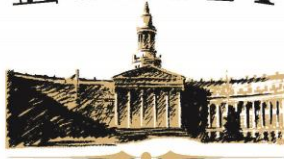


PROCLAMATION



City and County of Denver

Proclamation No. 19-0074 Wear Red Day Proclamation

WHEREAS, cardiovascular diseases are the number one killer of women in the U.S.; and

WHEREAS, cardiovascular disease kill one woman almost every 80 seconds in the U.S.; and

WHEREAS, about eighty percent of cardiovascular diseases may be prevented, and

WHEREAS, risk factors for heart disease such as blood pressure, smoking and cholesterol can be controlled; and

WHEREAS, women are encouraged to commit to making physical activity and healthy eating a priority to improve heart health; and

WHEREAS, the American Heart Association's Go Red for Women movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, Go Red for Women encourages women to take charge of their heart health by knowing their total cholesterol, HDL cholesterol, blood pressure, and blood sugar.

NOW THEREFORE, BE IT PROCLAIMED BY THE COUNCIL OF THE CITY AND COUNTY OF DENVER:

Section 1. That in recognition of the importance of the ongoing fight against heart disease and stroke does hereby proclaim Friday, February 1, 2019 to be National Wear Red Day in Denver and urges all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red. By increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

Section 2. That the Clerk of the City and County of Denver shall affix the seal of the City and County of Denver to this proclamation and that a copy be transmitted to the American Heart Association.

PASSED BY THE COUNCIL January 28, 2019

_____ PRESIDENT