

ERIC GOLDEN

FACILITATOR / COACH



SKILLS

- Facilitation
- Workshop Design
- Leadership Coaching
- Emotional Intelligence Tools
- Youth Development
- EDIA Workshops
- Facilitation Training
- Strong Communication

EDUCATION

MASTER OF MENTAL HEALTH COUNSELING (IN-PROGRESS)

Grand Canyon University

2024 - Present

CERTIFIED PROFESSIONAL COACH ENERGY LEADERSHIP MASTER PRACTITIONER

Institute for professional excellence in Coaching (iPEC)

2022-2023

BACHELOR OF FINANCE

Metropolitan State University of Denver

2011 - 2015

PROFILE

I am a Facilitator/Coach with a combined 15 years of experience in a wide variety of industries and environments. During this time, I have worked in positions ranging from dock worker to business owner. I am grateful for the wisdom and perspectives that came with this broad experience. I find the most joy working directly with people to unlock the greatness that is already within. My versatility gives me the ability to adapt to new situations and create brave spaces for connection.

EXPERIENCE

FACILITATOR/COACH

StandUP

2022 - Present

- Facilitate workshops for groups ranging from 5 - 500 people
- Coach leaders and staff to develop and grow to their potential
- Create experiences where community and humanity are honored

LEAD FACILITATOR

The Flourish Lab

2024 - Present

- Train facilitators to lead self-awareness based content
- Facilitate workshops for youth professionals
- Develop strong business relationships

COMMUNITY PARTNER PROGRAM MANAGER

Denver Public Schools

2019 - 2022

- Onboard businesses looking to work with DPS students
- Vett enrichment providers for program quality and safety
- Maintained contracts and relationships with 500+ community partners
- Supervised a team of 8 people in charge of enrichment activities

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VOLUNTEER

MATH TUTOR

Colorado Association of Professional
Black Engineers and Scientist
(CAPBES)-Denver, CO

2016 - 2020

CULTURAL COUNCIL MEMBER

Scientific and Cultural Facilities
District

2021 - Present

TESTIMONIALS

THROUGH YOUR OWN
STORYTELLING AND OPENNESS,
YOU CREATED A WELCOMING,
BRAVE SPACE FOR EACH OF US TO
OPEN UP WITH STRANGERS AND
CLEARLY, I WAS NOT THE ONLY
ONE WHO HAD SOME AHA
MOMENTS. - KELLY

THE LAST TIME I DID ONE OF
THESE PROGRAMS IT FELT LIKE A
REBUKE, IT WAS NOT INCLUSIVE.
THIS PROGRAM INVITED
EVERYONE TO DEFINE AND
EXPLORE TERMINOLOGY THAT IS
OFTEN USED IN A DIVISIVE
MANNER. ERIC DID A GREAT JOB
OF FACILITATING A THOROUGH
CONVERSATION THAT WAS
CONSTRUCTIVE AND VALUABLE.
HE DID NOT ACTIVELY SINGLE OUT
"OLD WHITE GUYS" BUT HELPED
US UNDERSTAND THE ORIGINS OF
OUR BIAS AND USED A METHOD
THAT HELPED TO PUT US ON THE
RIGHT TRACK IN SOFTENING TO
OUR FELLOW HUMANS. -
ANONYMOUS

EXPERIENCE

BUDGET ANALYST

Denver Public Schools

2017 - 2019

- Managed budget for 54 after school sites including grant compliance
- Present data to senior leaders for planning and growth
- Train new members of finance team

ACCOUNT TECH

Sysco

2014 - 2017

- Database administration and account servicing
- Price matching and cost analysis
- Maintain contract compliance with customers