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BAC-6230

Contact Information

Contact Name	Lauren Cikara	Home Address	2030 E 11th Ave Apt 807
Preferred Phone	303-968-4814	Home City	Denver
Preferred Email	lcikara@gmail.com	Home State	CO
Other Phone		Home Zip	80206
Other Email		County	Denver
DOB	[REDACTED]	Race/Ethnicity	Caucasian
SSN	[REDACTED]	Salutation	
Party Affiliation		First Name	Lauren
Gender	Female	Middle Name	
Other Gender		Last Name	Cikara

Board Information

Board Name	Denver LGBTQ Commission	Other boards or commissions served
Status	New	
Application Date		
Term Start Date		
Term End Date		
Resigned		

Work Information

Employer	Colorado School of Public Health	Work Address	13001 I 17th Pl
Position	Recruitment & Outreach Manager	Work City	Aurora
Business Phone #	303-724-7761	Work State	CO
		Work Zip	80045

Additional Information

Are you a registered voter?	No	Other Ethnicity	
If so, what county?		Objection to appointment?	No
Denver City Council District No	10	Special Information	

Education and General Qualifications

Name of High School	Name of Graduate School
Location of High	Location of Graduate

School
of Years Attended
High school
Did you Graduate
High School

School
of Years Attended
Graduate School
Did you Graduate

Graduate Major

Name of College
Location of College
of Years Attended
College
Did you Graduate
College
Undergrad Major

Reference Details

Reference Name #1
Reference Phone #1

Reference Email #1
Reference Address #1

Reference Name #2
Reference Phone #2

Reference Email #2
Reference Address #2

Reference Name #3
Reference Phone #3

Reference Email #3
Reference Address #3

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Owner Denver Integration

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Notes & Attachments

Cikara resume.pdf

Type	Attachment
Last Modified	Denver Integration
Description	View file

LAUREN CIKARA
2030 E. 11th Avenue, Denver, Colorado, 80206 · 303-968-4814 (c) · lcikara@gmail.com

SUMMARY OF QUALIFICATIONS

- Developer and executor of organizational outreach strategies.
- Recognized skills in community leadership.
- Experienced partner on multiple organizational rebranding efforts.
- Skilled at developing and fostering partnerships with community stakeholders.
- Adept at accessing, partnering, and addressing the needs of various communities throughout Colorado.
- Committed change-maker working in issues of social justice and equity.

PROFESSIONAL EXPERIENCE

Colorado School of Public Health, University of Colorado Anschutz Medical Campus
Community and School Specialist - June 2016 - present

- Responsible for recruitment of schools and districts for the Healthy Kids Colorado Survey (HKCS), a statewide school based health and well-being survey for 6th-12th grade students and Smart Source, a school level tool to assess policies, programs, and practices around school health; recruited 259 of the 418 schools who participated in the 2017 HKCS.
- Topic area expert in advocacy stakeholder meeting to develop key strategies to address state budget or legislation.
- Prepare fact sheets and talking points for state advocacy groups in preparation for legislation that would impact programming.
- Work with earned media to place informational and favorable print and radio interviews in targeted communities.
- Advise school districts and local public health agencies on communications strategies with regard to the HKCS.
- Organize regional meetings with elected officials, community stakeholders, school districts, and public health officials to build awareness of and support for the HKCS and Smart Source.
- Develop key outreach strategies in Colorado counties to include districts, schools, community organizations, and local public health departments including face-to-face and virtual meetings and presentations.
- Reviews and prepares data briefs, fliers, presentations, and other materials to help understand and communicate data in an accessible manner.
- Developed Whole School, Whole Community, Whole Child brief highlighting aspects of the model with HKCS and Smart Source data points.
- Works with survey processing team to help prepare, package, and ship survey materials in a timely manner.
- Provides technical assistance and support around HKCS and Smart Source data use, health and wellness programs, and policies with schools, public health agencies, and community partners.
- Ensures Colorado Department of Public Health and Environment (CDPHE) contract deliverables are met or exceeded.
- Prepare Quarterly Reports to track outreach, technical assistance, and communications with key stakeholders.

One Colorado Education Fund

Safe Schools Manager, August 2014 – May 2016

- Developed and facilitated trainings about safe schools topics to community leaders, educators, and students.
- Designed and implemented a policy outreach plan for supporting school districts to adopt LGBTQ inclusive policies; provided technical assistance to schools across Colorado around policy language; organized community support around policy adoption.
- Planned statewide and regional Gay Straight Alliance (GSA) Leadership Summits for students and educators. Responsible for participant recruitment, workshop proposals and presenters, and volunteer recruitment and management at each Summit.
- Coordinated school site visits to GSAs with club advisors and students across Colorado.
- Wrote and edited copy for web page content, press releases, and social media posts
- Managed the One Colorado Gay-Straight Alliance (GSA) Network by providing technical and programming support to the 200 GSAs and Allies in Diversity Clubs in the Colorado Network.
- Crafted program benchmarks for organizational strategic plan and grant applications.
- Developed content for monthly communications with GSA advisors and students.
- Participated in HKCS advocacy stakeholder meetings to help develop key strategies to address potential budget or legislation that would cut funding or support; provided testimony to the Colorado State School Board in support of HKCS.

Lauren Cikara

- Member of local safe schools coalitions; working closely with community members in meeting the needs of each community.
- Presented safe schools and social justice work at local, state, and national conferences.

**The Responsible Sex Education Institute, Planned Parenthood of the Rocky Mountains (PPRM)
Education Program Specialist, January 2011 – July 2014**

- Facilitated sexual health education classes to 5th grade thru adult audiences.
- Developed and facilitated presentations and trainings for departmental professional development and for community coalition partners.
- Revised “All Together Now” to be LGBTQ inclusive and include updated language.
- Planned the logistics of the Sexual Health Educator Certificate Program in Colorado Springs and the annual departmental professional development meeting.
- Contributed to the accreditation process and collection of documents for the project.
- Promoted and advocated for the national sexual health and Colorado health curriculum standards, highlighting Colorado House Bills 1292 and 1081, Colorado’s sexuality education laws.
- Cultivated and maintained relationships with community partners.
- Presented sexual health, safe schools, and social justice work at local and state conferences.
- Mapped Colorado health education standards with current curricula used in the department.
- Answered incoming text questions for the In Case You’re Curious sexual health text line.
- Created Instagram posts for In Case You’re Curious account.
- Represented PPRM as a member of local coalitions.

University of Northern Colorado (UNC)

Graduate Assistant in Career Services, August 2008 – April 2009

- Advised students on job searches and job application processes.
- Facilitated HESA 167 Career Exploration: major and career exploration course for undeclared students.
- Administered national standardized tests (GRE, LSAT, PRAXIS).

University of Wisconsin – La Crosse (UW-L)

Graduate Assistant in University Centers, June 2007 – July 2008

Graduate Assistant for Awareness Through Performance, January 2008 – May 2008

Co-Instructor EFN 205, January 2008 – May 2008

Co-Instructor UW-L 100, August 2007 - December 2007

- Advised UW-L Student Association; organized and facilitated student leadership retreats, provided procedural support for budgetary student committees, and other student committees.
- Planned and organized Sample the City a welcome week activity sponsored by University Centers; responsible for vendor registration and campus logistics for the event.
- Hired, trained, and supervised Diversity Center student employees.
- Participated in writing scripts, production planning, and daily support Awareness Through Performance, a social justice performance troupe.
- Co-facilitated UW-L 100 Freshmen Seminar: university introductory course.
- Co-facilitated EFN 205 Understanding Human Differences: diversity elective course.

University of Wisconsin – La Crosse (UW-L)

Graduate Assistant in Graduate Studies, August 2006 – May 2007

Graduate Assistant in General Education, August 2006 – May 2007

- Recruited students from regional and local graduate fairs.
- Documented graduate program recruitment initiatives.
- Briefed Graduate Council on initiatives to assist in developing streamlined campus recruitment practices.
- Conducted research on general education requirements across state and national universities for the General Education committee.

Indiana University South Bend (IU South Bend/IUSB)

Assistant Director of Admissions, April 2003 – August 2006

Admissions Counselor, August 2000 – April 2003

- Developed a comprehensive contact plan to introduce students to the University faculty, staff, and student life at various educational levels resulting in an increase in university inquiries.
- Planned, scheduled, and conducted site visits in high schools and community colleges and attending recruitment fairs.
- Organized and oversaw the implementation of the *IUSB On Tour* program for potential students and parents; responsible for all logistics for each event.
- Designed and presented grade-appropriate workshops and marketing materials for each event and initiative.
- Collaborated with IU South Bend Office of Marketing and Communications in designing and developing promotional pieces for recruitment.
- Evaluated and processed applications from high school students, beginning freshman, and transfer students.
- Facilitated reorganization of physical space and services between Student Services and Enrollment Services. Tasked with creating mission and goals for Enrollment Services.
- Co-coordinated Team of Champions, members of Student Affairs who would staff the Information Center; coordinated daily scheduling, information sharing, and budgetary needs.
- Recruited, trained, and supervised Peer Mentors and other student leaders to assist in campus-wide recruitment activities, IUSB On Tour, and other tour programs
- Coordinated daily scheduling, information sharing, and budgetary needs of the Information Center.

TECHNOLOGY

- Microsoft Office Suite
- PeopleSoft (Student Information System)
- CiviCore (Cloud based relational database used to track participants and programming)
- Social media: Facebook, Twitter, Tumblr, Pinterest, Instagram, Canva (social media graphics)
- Cloud-based document sharing: SharePoint, Basecamp, Google Docs
- Presentation software: Prezi

EDUCATION

University of Northern Colorado
Non-Degree Graduate Student, 2008 - 2009

University of Wisconsin - La Crosse
Student Affairs Administration, August 2006 - August 2008
Master of Science in Education
Master Thesis: Do admissions websites communicate with millennial students? A content analysis of six University of Wisconsin comprehensive institutions.

Indiana University South Bend
Non-Degree Graduate Student, 2003 - 2004

Indiana University South Bend
Bachelor of Arts, December 2002
Major: Women's Studies; Certificate of International Studies

VOLUNTEER AFFILIATIONS

- Denver City and County LGBTQ Commission (February 2017 – present)**
- Member of Health and Human Services sub-committee; responsible for reviewing city contracts with homelessness providers.
 - Represent LGBTQ Commission on Human Rights and Community Partnerships (HRCP) Board and at other community wide events.
- Colorado Parent Teacher Association (COPTA), Member-At-Large (June 2017 – present)**
- Responsible for developing diversity and inclusion trainings for Board members
 - Develop workshops for statewide convention and regional trainings around diversity and inclusion topics
- Pikes Peak Safe @ Schools Coalition, Chair and Founding Member (May 2011 – present)**
- Develop and facilitate safe schools trainings to school and community partners in the Colorado Springs area.

Lauren Cikara

- **Consult on school policy changes and implementation.**



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BAC-6235

Contact Information

Contact Name	Jeremiah Whitehead	Home Address	1245 Humboldt St.
Preferred Phone	7202408587	Home City	denver
Preferred Email	jwhite2382@yahoo.com	Home State	CO
Other Phone		Home Zip	80218
Other Email		County	Denver
DOB	[REDACTED]	Race/Ethnicity	African American
SSN	[REDACTED]	Salutation	Mr.
Party Affiliation	Democrat	First Name	Jeremiah
Gender	Male	Middle Name	
Other Gender		Last Name	Whitehead

Board Information

Board Name	Denver LGBTQ Commission	Other boards or commissions served	Denver LGBTQ Commission
Status	New		
Application Date			
Term Start Date			
Term End Date			
Resigned			

Work Information

Employer	JW's Salon on 6th	Work Address	1134 E. 6th Ave
Position	Stylist	Work City	Denver
Business Phone #	7202408587	Work State	CO
		Work Zip	80218

Additional Information

Are you a registered voter?	Yes	Other Ethnicity	
If so, what county?	Denver	Objection to appointment?	No
Denver City Council District No	8	Special Information	

Education and General Qualifications

Name of High School	Airline High School	Name of Graduate School	
Location of High	Bossier City	Location of Graduate	

School

of Years Attended High school 4

Did you Graduate High School Yes

Name of College Louisiana Tech University

Location of College Ruston

of Years Attended College 4

Did you Graduate College Yes

Undergrad Major computer science

School

of Years Attended Graduate School

Did you Graduate

Graduate Major

Reference Details

Reference Name #1 Denny Goss **Reference Email #1** goss888@gmail.com

Reference Phone #1 4254667774 **Reference Address #1**

Reference Name #2 **Reference Email #2**

Reference Phone #2 **Reference Address #2**

Reference Name #3 **Reference Email #3**

Reference Phone #3 **Reference Address #3**

Agree to a background check

Owner Denver Integration

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Notes & Attachments

Jeremiah%20Whitehead.doc

Type Attachment

Last Modified Denver Integration

Description

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Jeremiah Whitehead
1260 Humboldt St.
Denver, CO
720-240-8587
jwhite2382@yahoo.com

Objective

To be the "Best" Person I can be.

Qualifications

General Manager
Salon Manager
Licensed Cosmetologist
Licensed Colorist
Licensed Barber

Product Lines:

Aveda, Tony and Guy, Lanza, Redken, Mop, American Crew, Mizahni, Kendra,
L'Oreal, Rusk

Education

86-90 Bachelor's of Science from Louisiana Tech University, Ruston Louisiana
90-92 United States Army, in Bamberg Germany
90-92 United States Army, in Saudi Arabia (six months)
92-96 Colorado Department of Labor and Employment, Denver Colorado
96-97 Emily Griffith Opportunity School of Cosmetology, Denver Colorado
97-98 The Parlor Salon and Spa, 1920 Wynkoop St. Denver Colorado 80202
99-05 Electric Hair (Owner), 1635 Platte St. Denver Colorado 80202
Present Lifetime Fitness Department Head

Relevant Experience

Toni and Guy certified in Cutting and Product
American Crew Certified in Barbering and Product
Belevance (Lanza) Certified in Color (educator)
Mizahni Certified Relaxer and Product (educator)
Aveda Certified Color and Product
Redken Certified Color and Product (educator)
Rusk Certified Cutting, Color and Product

Other Experience

I worked as a design assistant for a Denver based Urban Clothing Company name Two-Hype action ware.

They handled the logo and clothing for the Atlanta Olympics as well as the "SHAQ" line for Shaq O'neal and establish line of Reebok also work with the company on a line for Andre Assasi and Yanik Noah for "Hardcourt " tennis lines. I also tried to launch my own line of womans sportsware, it was very short lived but lam proud of it. I am experienced in all types of hair: Caucasian, African American, Multi-cultural, Asian and Hispanic.

In January 1999, I started my own Salon, Electric Hair. As the owner of Electric Hair, I have managed a staff of stylist, manicurist, estheticians and Educator.

References Available Upon Request
