

BOARDS AND COMMISSIONS APPLICATION

Please complete the following information in full,
attach a cover letter, current resume or biography and return to the address below.

Type or print in blue or black ink.

Board or Commission you are applying for: AGING

Last Name: ARBOR First Name: KATHRYN

Occupation/Employer: REBUILDING TOGETHER, CEO

Work Address: 2422 S. TRENTON WY City: DENVER Zip: 80231

Work E-mail Address: KARBOR@REBUILDING-DENVER.ORG

Work Phone: 303-27-2074 Work/Home Fax: 303-27-2080

Home Address: 750 S. RACE ST City: DENVER Zip: 80209

Home Phone: 303-744-9719 Cell Phone/ Pager: 720-220-8377

Home E-mail Address: KARBOR@CAPABILITIES.COM

Are you a registered voter? Yes No If so, what county? DENVER

Denver City Council District No.: 6 Ethnicity (Optional) _____

Highest Level of Education or Degree Earned: PH.D. Year Completed: 1984

Memberships/ Organizations/ Volunteer Activities (include past or present):

- BOARD OF DIRECTORS - EASTER SEARS COLORADO - CHAIR, GOVERNANCE
- BOARD OF DIRECTORS - COMMUNITY HEALTH CHARITIES
- BOARD OF DIRECTORS - MARYCREST ASSISTED LIVING
- GRANT WRITING - ROCKY MT. STROKE CENTER

References (List three persons, not related to you, whom you have known at least one year):

Name	Address	Phone Number
<u>ANN KUSIC</u>	<u>COMMUNITY HEALTH CHARITIES</u>	<u>303-758-0069</u>
<u>ESTHER FRETZ</u>	<u>ROCKY MT STROKE CTL</u>	<u>303-730-6870</u>
<u>LYNN ROBINSON</u>	<u>EASTER SEARS COLORADO</u>	<u>303-233-1666</u>

Special Information:

Is there anything that would adversely affect public confidence in your appointment or service? Yes No
If yes, please explain on a separate sheet of paper.

Kathryn M. Arbor 5/19/10
Signature Date

Return Completed Form to:
Suzan Moore, Director of Boards and Commissions
City and County of Denver Building, Room 350
Denver, CO 80202 Phone: (720) 865-9034 Fax: (720) 865-8787
Suzan.moore@denvergov.org

BOARDS AND COMMISSIONS APPLICATION

Please complete the following information in full,
attach a cover letter, current resume or biography and return to the address below.

Type or print in blue or black ink.

Board or Commission you are applying for: Commission on Aging

Last Name: Draayer First Name: Luci

Occupation/Employer: Lutheran Family Services Director - Care Management Solutions

Work Address: 363 S Harlan St. City: Denver Zip: 80226

Work E-mail Address: LUCI.DRAAYER@LFSCO.org

Work Phone: 303-217-5835 Work/Home Fax: 303-922-7335

Home Address: 2409 S. Kearney St City: Denver Zip: 80222

Home Phone: — Cell Phone/Pager: 303-521-2314

Home E-mail Address: Prefer that the above address be used

Are you a registered voter? Yes No If so, what county? Arapahoe

Denver City Council District No.: — Ethnicity (Optional) Caucasian

Highest Level of Education or Degree Earned: Masters Year Completed: 1980

Memberships/ Organizations/ Volunteer Activities (include past or present):

See Resume:

Memberships - ASA, NAPGCM

Volunteer Activities - CLC, NAPGCM, VIA, PCO

References (List three persons, not related to you, whom you have known at least one year):

Name	Address	Phone Number
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<u>Cathy Grimm</u>	<u>Jewish Family Service 3201 S Tamarac, Denver, 80</u>	<u>303-597-5199</u>
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<u>Heidi Hendricks</u>	<u>Lutheran Family Services 363 S Harlan, Denver, 80226</u>	<u>303-217-5862</u>
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<u>Donn Hansum</u>	<u>Volunteers in Action 9185 E. Kenyon, Denver, 80237</u>	<u>303-713-9144</u>
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Special Information:

Is there anything that would adversely affect public confidence in your appointment or service? Yes No

If yes, please explain on a separate sheet of paper.

Luci Draayer, LCSW, CMC 10/24/08

Signature Date

Return Completed Form to:

Suzan Moore, Director of Boards and Commissions

City and County of Denver Building, Room 350

Denver, CO 80202 Phone: (720) 865-9034 Fax: (720) 865-8787

Suzan.moore@denvergov.org

BOARDS AND COMMISSIONS APPLICATION

Please complete the following information in full,
attach a cover letter, current resume or biography and return to the address below.

Type or print in blue or black ink.

Board or Commission you are applying for: Denver Commission on Aging

Last Name: Gregg First Name: Amanda

Occupation/Employer: Volunteers of America / Division Director

Work Address: 21660 Larimer St. City: Denver Zip: 80205

Work E-mail Address: agregg@voacolorado.org

Work Phone: 720-264-3309 Work/Home Fax: 720-264-3312

Home Address: 7668 Upham St. City: Arvada Zip: 80003

Home Phone: _____ Cell Phone/ Pager: 720-220-6079

Home E-mail Address: _____

Are you a registered voter? Yes No If so, what county? Jefferson

Denver City Council District No.: _____ Ethnicity (Optional) _____

Highest Level of Education or Degree Earned: Master's Degree Year Completed: 18

Memberships/ Organizations/ Volunteer Activities (include past or present):

References (List three persons, not related to you, whom you have known at least one year):

Name	Address	Phone Number
<u>Melinda Barnes</u>	<u>Denver, CO</u>	<u>720-352-7106</u>
<u>Jeanith Howard</u>	<u>Bailey, CO</u>	<u>303-667-1319</u>
<u>Denise Cordner</u>	<u>Arvada, CO</u>	<u>303-980-4087</u>

Special Information:

Is there anything that would adversely affect public confidence in your appointment or service? Yes No
If yes, please explain on a separate sheet of paper.

Amanda Gregg 7.9.10
Signature Date

Return Completed Form to:

Suzan Moore, Director of Boards and Commissions
City and County of Denver Building, Room 350
Denver, CO 80202 Phone: (720) 865-9034 Fax: (720) 865-8787
Suzan.moore@denvergov.org

Colette H. Lafosse, MSG

3476 E. County Line Road #14 • «AddressBlock», «AddressBlock» 80126
Phone: «AddressBlock» • E-Mail: lafossecolette@yahoo.com

CL

Qualifications Statement

Accomplished and creative hands-on health education/community service program specialist ready to help your organization enhance or develop successful and cost-effective programs, services and education materials. Experienced with program research, design, management and evaluation; needs assessments; strategic planning; budgeting; fund raising; social marketing; health messaging; coalition building; volunteer management and customer/sponsor relations.

Skills

- 10+ year's experience in researching, designing, managing and evaluating individual and population-based health programming
- Effective manager of professional staff, advisory boards, graduate/undergraduate students and volunteers
- Proficient in aging, chronic care and health issues
- Skilled in grant, proposal and report writing
- Strong computer skills, including Microsoft office suite, PowerPoint and various database management programs
- Skilled public speaker
- Detail and research oriented

Health Education / Community Service Program Experience

10 years

National Stroke Association / Centennial, Colorado

Director of Rehabilitation and Recovery Program

03/02 – 10/08

Job Description: Researched, designed, managed, and evaluated stroke education programs; Conducted needs assessments; Managed program budgets; Developed strategic and marketing plans; Wrote and edited text for manuals, fact sheets, brochures, reports, surveys, web pages, and articles for StrokeSmart™ magazine; Established and maintained partnerships with numerous government, national and local organizations; Developed, facilitated and taught stroke education programs; Hired and supervised staff; Served as Chapter liaison.

Accomplishments:

- Designed programs that brought in over \$1.5 million for the organization.
- Brought in \$316,000 of funded grants to the organization.
- Served as PI for three years on a Centers for Disease Control Conference Support Grant for educating state cardiovascular health programs and state departments of health.
- Designed and managed the first national support membership network for stroke rehabilitation programs, recruiting 50 members the first year.
- Created and managed a national stroke survivor symposium series, which reached 1,000+ survivors and caregivers within the first three years.
- Designed and wrote bimonthly stroke group discussion guides online, which were coordinated with articles from StrokeSmart™ magazine.
- Designed and implemented online national stroke resource database and stroke support group database.

Alzheimer's Association - Northern California and Northern Nevada Chapter / Mountain View, California

Program Associate

09/93 – 06/96

Job Description: Provided information, resources and emotional support to helpline callers; Supervised and trained office helpline/family consultant staff and volunteers; Directed monthly case and resource review meetings; Assisted with fundraising for annual event; Coordinated chapter advocacy efforts on local, state and national levels; Conducted a wide range of public education workshops.

Accomplishments:

- Developed and ran training program for 50+ helpline and family consultant volunteers.
- Designed database screens and corresponding resource questionnaires for the chapter resource database, which served as a model for chapters around the country.
- Co-developed and taught a training program designed to help health professionals manage difficult behaviors in the demented elderly.

Family Caregiver Resource Center / Los Angeles, California
Family Services Director

05/92 – 07/93

Job Description: Managed intake, inquiry, home assessment and reassessment processes; Conducted in-home assessments and developed individualized care plans for family caregivers; Directed bi-weekly, multidisciplinary case review meetings; Supervised social work and gerontology graduate students on assessment and clinical issues related to caregiving; Facilitated family consultations; Managed respite and legal service voucher service assignments; Developed and conducted health education workshops.

Accomplishments:

- Designed and conducted caregiver wellness workshops across Los Angeles County.
- Became proficient in administering the Beck Depression Inventory and the Mini Mental Status Examination (MMSE).

Long Term Care Administration / Marketing Experience

5 years

Covenant Village of Colorado / Westminster, Colorado

Marketing Director

11/00 – 10/01

Job Description: Developed and managed a strategic marketing plan and departmental budget; Trained and supervised marketing staff; Wrote weekly and monthly marketing reports; Maintained client records and files on computer database; Conducted marketing events and promotional activities; Established follow-up system for prospective residents; Conducted personal visits and tours; Established and maintained referral source relationships.

Ashley Manor Care Centers, Inc. / Denver, Colorado

Marketing Director

10/99 – 11/00

Job Description: Developed and managed monthly and quarterly strategic marketing plans; Promoted company through regular community outreach efforts; Trained and supervised marketers; Handled inquiries; Conducted tours and resident admission assessments; Established a documentation and tracking system for inquiries, referrals and outreach activities; Coordinated and implemented marketing activities during pre-opening and start-up phases for a new company property; Composed text and slogan for company-wide marketing brochure.

Alterra Clare Bridge / Louisville, Colorado

Residence Director

08/98 – 09/99

Job Description: Managed a 52-bed memory care assisted living residence through construction, pre-opening and start-up phases; Supervised staff managers; Handled inquiries, tours and resident admission assessments; Hired staff; Processed residence accounts receivables, invoices and payroll; Provided dementia care training and education to resident care staff on a statewide basis; Ensured adherence to state and federal regulatory standards; Implemented documentation systems; Conducted resident care plan reviews; Designed and implemented quarterly strategic marketing plan; Established and maintained relationships with key community resources.

ManorCare Health Services / Denver, Colorado

Alzheimer Unit Director

11/97 – 07/98

Job Description: Operated a 26-bed secured Alzheimer unit; Facilitated interdisciplinary care planning team meetings; Supervised activities personnel; Designed and implemented a strategic marketing plan; Ensured adherence to state and federal regulatory standards; Supervised end construction and assisted in grand opening preparations; Developed and implemented staff training and subsequent inservicing; Coordinated admission and discharge processes; Facilitated family support meetings; Assisted in hiring staff; Functioned as social service designee for the unit which involved completing care plans, social service assessments and progress notes.

Walnut Creek, California

Independent Consultant

06/97 – 8/97

Job Description: Developed and conducted an Alzheimer's disease and senior care staff education and training program for an Alzheimer assisted living facility; Reviewed unit layout for functionality and resident safety; Reviewed activity programming.

Heatherwood Alzheimer Assisted Living / Walnut Creek, California

Administrator

07/96 – 05/97

Job Description: Supervised all departments of a 32-bed Alzheimer facility including nursing, activity programming, housekeeping, maintenance and dietary; Directed bi-weekly, multi-disciplinary psychiatric case review meetings; Streamlined documentation systems; Reviewed monthly accounts payable reports; Reviewed resident care plans; Coordinated marketing operations; Ensured facility adherence to state regulatory standards; Conducted admission and discharge assessments; Conducted staff inservices; Developed a staff leadership training program; Hired staff; and Arranged and led monthly family support meetings and informational seminars.

Experience – Miscellaneous

4 years

Tingstad Older Adult Counseling Center / Los Angeles, California

Gerontology Counseling Intern 05/91 – 05/92

Kingsley Manor Retirement Community / Hollywood, California

Student Activity Resident 08/90 – 05/92

Family Caregiver Resource Center / Los Angeles, California

Student Helpline Intern 09/90 – 08/91

Education

University of Southern California - The Leonard Davis School of Gerontology; Los Angeles, California

Master of Science in Gerontology 05/92

Winthrop University - Rock Hill, South Carolina

Bachelor of Arts 05/89; Major: Speech; Minor: Psychology

Professional Affiliations

American Evaluation Association; American Public Health Association; American Society on Aging; Colorado Gerontological Society; Colorado Nonprofit Association; Phi Kappa Phi; Omicron Delta Kappa

Current Activities

Denver Commission on Aging – Partnership Committee; volunteer
Seniors' Resource Center – Advisory Board member; volunteer (friendly visitor program)
Volunteers of America – Advisory Board member, Programs Committee
Colorado SilverPrint – Professional Education Committee member
Alzheimer's Association – Speakers Bureau volunteer