Behavioral Health Needs Assessment

January 17, 2024

Empowering Denver's communities to live better, longer



ARPA Project Planning

Community
Outreach

Behavioral
Health Needs
Assessment

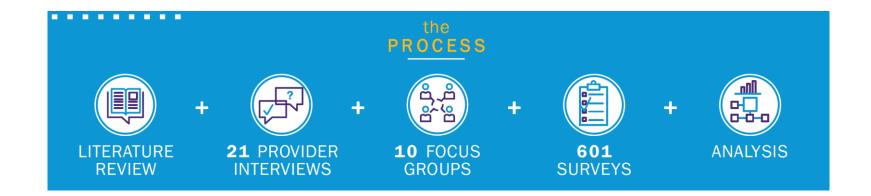
2023 ARPA Allocation



Project Overview



Methodology





General Findings







Provider Findings



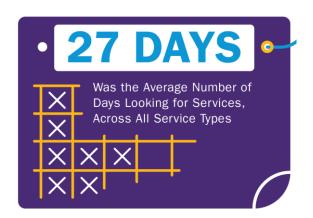








Community Findings







"The pandemic has shown cracks in the behavioral health system and because of the pandemic we are seeing a massive influx in demand for services."







Recommendation

Early
Action
Steps

Systems-Level Change



Behavioral Health Needs Assessment Recommendations

- 1. Provide leadership to engage critical stakeholders to improve services
- 2. Increase awareness of and improve provision of language access services
- 3. Increase the number of providers (including Medicaid) and retain them in Denver
- 4. Provide coordination and policy support to improve case management utilization
- 5. Educate and raise awareness for consumers around mental health treatment service options and how to connect to them
- 6. Increase culturally and linguistically responsive community outreach and involvement
- 7. Improve access to services by encouraging extended hours and weekends





Provide leadership to engage critical stakeholders to improve behavioral health services.

Early Action

Convene city human service provider agencies to discuss coordination of provider resources and obtain additional funding for direct services.

System-Level

 Work with other provider groups and collaborations to convene a broader partnership discussion for planning to address systemic gaps, especially for underserved communities.





awareness for consumers around mental health treatment service options and how to connect to them.

Early Action

- Expand trainings
- Amplify Anti-Stigma and other efforts to continue to increase awareness and education around mental health and substance use issues
- Focus existing Anti-Stigma campaign on additional diverse community groups in different languages

System-Level

- Host culturally and linguistically appropriate community training programs to increase education and awareness around financial benefits.
- Create a long-term stigma reducing strategic plan that includes metrics to track progress.
- Implement Anti-Stigma campaigns and/or efforts directed at multiple intended diverse community groups.



Next Steps

- 1. Provide leadership to engage critical stakeholders to improve services
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Next Steps

- Integrating findings and recommendations into behavioral health programing
- ARPA behavioral health contracts are in process