



## Patient Profiles



After several decades of living with multiple autoimmune arthritis diseases, Bridget started incorporating phytocannabinoids into her treatment plan. Within 3 months, she had weaned off oxymorphone, oxycodone, and zoldipam. In addition, her fatigue and neuropathy symptoms improved enough for her to become more physically active. As a result, she accomplished her goal of hiking to Landscape Arch in 2015, something she could not do the year before. She ended up stopping 9 prescriptions total, and losing 60 pounds as a result.

Rheumatoid Arthritis is a potentially fatal, autoimmune disease that dissolves bone and soft tissue, damages vital organs, and leaves the patient in chronic pain. Mrs. Seritt had lung, kidney, and heart issues in addition to prolific bone damage. “I was really surprised how much my recovery time improved! Each activity used to require up to a week to recover, but with cannabis I could do multiple physical activities each week”, she said.

With her pharmaceutical and phytocannabinoid combination, Bridget enjoyed nearly 2 years in **controlled remission** before cost caused her to lose access to her dose. Thankfully, she still has the ability to manage nausea, pain, and spasms using phytocannabinoids, and spends her time working to preserve the grow laws that allowed her to experience a controlled remission.

### 30 Day Autoimmune Disease Plan

**daily** inhaled meds (up to half ounce for break-through symptoms) (15 ounces/month, 420g)

**daily** 1000mg FECO 10mg/kg) base-line (30 ounces/month, 840g)

**daily** 100mg+ daily edibles (3-4 ounces/month, 112g)

**daily** 3-4 ounces of fresh raw plant material for juicing (120 ounces/month, 3,360g)

**weekly** use of 8oz. topicals that have 5,000mg cannabinoids (20 ounces/month, 560g)

**TOTAL: 5,292 grams per month or 189 OUNCES or 11 POUNDS of raw material per month.**

#### Strain variation

**Inflammation, Pain, Sleep** – Gorilla Glue, Pre 98 Bubba Kush, CBN dominant Critical Plus, Blue God

**neuropathy:** White Widow, White Fire OG, Blueberry

**Fatigue:** Lemon Skunk, THC dominant Critical Plus, Apollo 13

**Nausea:** Master Kush, Scott's OG

**CBD:** Harlequin, AC/DC

**TOTAL STRAINS NEEDED: 14**

**TOTAL PLANT COUNT NEEDED: 99** (Third cloning, third veg, third flowering)