



- [Close Window](#)
- [Print This Page](#)
- [Expand All](#) | [Collapse All](#)

BAC-8109

Contact Information

Contact Name	Monica X Padilla	Home Address	
Preferred Phone		Home City	
Preferred Email		Home State	CO
Other Phone		Home Zip	
Other Email		County	
DOB		Hispanic or Latino origin or Descent?	Yes
Gender	Female	Race/Ethnicity	Hispanic
Other Gender		Other Ethnicity	
Title		Salutation	Ms.
		Pronouns	

Application

Status	Reappointed	Council Resolution Number	
Notes			

Board Information

Board Name	Denver Latino Commission	Original Start Date	3/1/2024
		End Date	
		Other boards or commissions served	

Work Information

Employer	Denver Public Schools	Work Address	
Position	Trauma Informed Practices Consultant	Work City	
Business Phone #		Work State	CO
Work Email		Work Zip	

Additional Information

Are you a registered voter?	Yes	Objection to appointment?	No
If so, what county?	Denver	Special Information	
Denver City Council District No	6	Registered Lobbyist	
Conflict of Interest Explanation		Conflict of Interest	

## Education and General Qualifications

Name of High School	Lakewood High School	Name of Graduate School	Denver seminary
Location of High School	Lakewood	Location of Graduate School	Denver
# of Years Attended High school	4	# of Years Attended Graduate School	2
Did you Graduate High School	Yes	Did you Graduate	Yes
		Graduate Major	Clinical counseling
Name of College	University of Colorado		
Location of College	Denver		
# of Years Attended College	4		
Did you Graduate College	Yes		
Undergrad Major	Psychology		

## Reference Details

Reference Name #1		Reference Email #1	
Reference Phone #1		Reference Address #1	
Reference Name #2		Reference Email #2	
Reference Phone #2		Reference Address #2	
Reference Name #3		Reference Email #3	
Reference Phone #3		Reference Address #3	
Agree to a background check	<input checked="" type="checkbox"/>		
Owner		Created By	
		Last Modified By	

## Notes & Attachments

### Certificate of Appointment - a075d00001WRsS9.docx

Type	Attachment
Last Modified	
Description	
	<a href="#">View file</a>

### Cograts Reappointment Letter - a075d00001WRsS9.docx

Type	Attachment
Last Modified	
Description	
	<a href="#">View file</a>

### Copy of monicaxpadillaresume (1).pdf

Type	Attachment
Last Modified	Denver Integration
Description	
	<a href="#">View file</a>

## MONICA X PADILLA (she/her)

- Licensed bilingual mental health therapist and trauma informed practices consultant with expertise in individual, group and couples therapy in a variety of settings including community mental health, private practice, outpatient, medical centers, and schools.
- Values social justice and approaches work with an equity lens.
- Demonstrated ability to empower schools and individuals to transform and create trauma informed spaces through the creation and delivery of trauma informed professional development across the Denver Public Schools district.

---

### *Professional Experience*

#### **TRAUMA INFORMED PRACTICES SPECIALIST/TRAINER**

8.2018 to present • **DENVER PUBLIC SCHOOLS.** | DENVER, CO

- Facilitates District wide Trauma Informed PDU's for all school staff
- Provides systems level consulting on Trauma Informed Care
- Works collaboratively with school district teams : restorative practices, SEL, Equity to ensure whole child collaboration
- Provides coaching to educators on creating trauma informed classrooms and building their SEL skills
- Participates in school walkthroughs and offers system level consulting on creating systemic change through a trauma informed lens
- Provides training to community partner agencies on trauma informed care
- Provides training to parents to enhance mindful parenting skills and build strong connections with their kids
- Works collaborative with central office teams to align whole child work

#### **BILINGUAL MENTAL HEALTH THERAPIST & LIFE COACH**

8.2014 to present • **MI MARIPOSA COUNSELLING, LLC. (PRIVATE PRACTICE)** | DENVER, CO

- Completes initial psychosocial assessments for clients in private practice
- Provides individual and couples therapy
- Utilize primarily brief solution focused therapy and CBT
- Specialized training in EMDR protocol
- Provides case management services to clients as needed
- Maintains clinical records/documentation
- Evaluates crisis situations and take appropriate action to ensure safety
- Ensures high level of culturally appropriate case conceptualization and treatment interventions

#### **FACILITATOR CONSULTANT**

8.2014 to 8.2020 • **DISPUTE RESOLUTION PROS** | DENVER, CO

- Facilitated 4-hour workshops for court-ordered parenting classes, "In the Best Interest of the Children"
- Ensured high level of culturally appropriate presentations in Spanish

## **BILINGUAL MENTAL HEALTH CLINICIAN**

7.2014 to 7.2016 • CLINICA COLORADO | DENVER, CO

- Completed initial psychosocial assessments for clients in a medical center
- Provided individual therapy
- Utilized primarily brief solution focused therapy and CBT
- Provided case management services to clients as needed
- Maintained clinical records/documentation consistent with agency standards and in a timely manner
- Evaluated crisis situations and take appropriate action to ensure safety
- Ensured high level of culturally appropriate case conceptualization and treatment interventions

### ***Early Career***

*Bilingual Mental Health Clinician, Servicios de la Raza, Denver, CO, 2013-2014*

*Bilingual Marriage & Family Therapist, Amanecer Community Counseling, Los Angeles, CA, 2008-2010*

*Bilingual Mental Health Therapist, Community Reach Center, Commerce City, 2007-2008*

*Flight Attendant, United Airlines, Los Angeles, CA, 2006-2007*

*Bilingual Mental Health Therapist – School & Clinical Based, Thornton, CO 2004-2005*

### ***Education***

**DENVER SEMINARY – CACREP PROGRAM**

**Master of Arts, Clinical Counseling**

**UNIVERSITY OF COLORADO AT DENVER**

**Bachelor of Arts, Psychology**

### ***License***

**LICENSED PROFESSIONAL COUNSELOR (LPC)** [REDACTED]

**Issued by: Department of Regulatory Agencies (DORA)**

### ***Certifications***

**MAIBERGER INSTITUTE**

**Eye Movement Desensitization and reprocessing (EMDR)**

**LEGACY TRAINING INTERNATIONAL**

**Holistic Life Coaching Certificate**

**UNIVERSITY OF SOUTH FLORIDA MUMA COLLEGE OF BUSINESS**

**Diversity, Equity and Inclusion in the Workplace Certificate**

Monica Padilla works for Denver Health as a Bilingual School Based Mental Health Therapist in Denver Public Schools. Prior to this role she spent six years as a Trauma Informed Practices Consultant for Denver Public Schools. She has served the Latino community as a Bilingual Psychotherapist in various sectors including schools, mental health centers, and private practice, specializing in trauma. Monica is an alumni of the Latino Leadership Institute; additionally, serves as a commissioner for the Denver Latino Commission and the Denver Women's Commission. She is passionate about her work & creating healing spaces!