

CAITLIN LONG, M.ED. **CO-FOUNDER | SEX EDUCATOR**

Caitlin is currently a sex educator, co-founder of relscripted a feminist education consulting practice, and Head of Curriculum for Sex Positive Families. They have over ten years of experience working in gender-specific and social-emotional health education programming. They earned their Masters of Education in Curriculum and Teaching with an emphasis on gender and curriculum from Teachers College, Columbia University.



They are an experienced sexuality educator, adult facilitator, curriculum designer, and public all-girls school teacher. She is a certified holistic sexuality educator (CHSE) through the Institute for Sexuality Education and Enlightenment (ISEE), an American Association of Sexuality Educators, Counselors and Therapists (AASECT) approved provider program. In their ten years of experience, they learned how to make it easier for people (youth and adults) to engage critically, authentically, and vulnerably with each other.

Caitlin has worked for and collaborated with a multiplicity of gender-specific youth development professionals, educators, and non-profit organizations including Girls Athletic Leadership School, Girls Inc. of New York City and Girls Inc. of Metro Denver to create and implement, culturally sustaining, and critically responsive curriculum through peer-trainings, K-12 non-formal and formal educational programs, and customized professional development workshops. Caitlin also taught social-emotional health and wellness at Girls Athletic Leadership School of Denver middle school and coached the implementation of their signature SEL curricula. They were selected as an Iterative Space resident for the summer of 2020 cohort where they built relscripted with Stephanie and piloted pleasure-centered sex education courses with youth and caring adults in small learning groups in backyards during COVID.

Most recently, Caitlin has been busy teaching comprehensive sex education to youth, families, and adults and supporting educators and schools to implement sex-positive sex education. Their teaching methods are collaborative and encourage critical reflection about identity differences and are attentive to personal and collective histories. Their passion and interest in intersectional feminist praxis (theory in action) and sex education stem from their long-standing commitment to equity and creating access to knowledge that unites theory and practice. At the core of their values are teaching tools of empathy, connection, and creating learning conditions that cultivate a sense of belonging and raise critical consciousness of inequities in our world and our own roles in reproducing and resisting them. These commitments translate to all past and present curriculum and consulting work with schools and organizations.

CAITLIN LONG

Pronouns: they & she

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[REDACTED]

[REDACTED]

EDUCATION

INSTITUTE FOR SEXUALITY EDUCATION & ENLIGHTENMENT

Holistic Sex Educator Certification, January 2022

Concentration: Gender & Sexuality Education in Schools, Youth Sex Education

TEACHERS COLLEGE, COLUMBIA UNIVERSITY

Masters of Education, Curriculum & Teaching, May 2016

Concentration: Gender, Sexuality & Curriculum

UNIVERSITY OF COLORADO AT BOULDER

Bachelors of Cultural Anthropology, December 2009

Certification: Peace and Conflict Studies

PROFESSIONAL EXPERIENCE

RE/SCRIPTED a feminist education consulting practice

Co-Founder | Curriculum Designer | Sex Educator | Consultant

August 2020-present

Girls Inc. National January 2022 - October 2022

- Partnered with Girls Inc. National to write, pilot, and revise a healthy sexuality toolkit for 6-8 year old girls.
- Designed and developed 2 modules on healthy relationships and anatomy in alignment with Girls Inc. healthy sexuality values and National Sex Education Standards.
- Reviewed current Girls Inc. healthy sexuality curriculum to inform content and approach.
- Developed the parent and caregiver curriculum orientation session
- Co-facilitated the Girls Inc. pilot trainings for all Girls Inc. affiliates tasked to pilot the toolkit in their communities.

Girls Inc. of Metro Denver February 2021-June 2021

- Partnered with Girls Inc. of Metro Denver to design and develop a self paced remote middle and high school healthy sexuality curriculum.
- Designed and developed 10 remote modules for grades 6-8 and 9-12 in alignment with Girls Inc. healthy sexuality values and National Sex Education Standards.
- Developed remote curriculum to be implemented for Girls Inc. center girls, outreach students, and parents/caregivers to have access to a comprehensive, inclusive, age-appropriate, and trauma-informed sex ed experience.
- Reviewed current Girls Inc. healthy sexuality curriculum to inform content and approach.

Girls Athletic Leadership School of Denver August 2020- November 2020

- Designed and developed an intersectional feminist justice curriculum that aims to deepen girls' understanding of the historical, present, and future significance of feminism and enhance girls' exploration of intersectional identity formation, equity by differences, and social activism.
- Developed and facilitated sex ed workshops for grades 9-12 based on National Sex Education Standards.

The Inspiration Project October 2021-December 2021

- Facilitated a discussion in their Sex + Gender series to support parents/caregivers, educational professionals, and educators in cultivating inclusive spaces to affirm and discuss gender and sexuality.
- Facilitated a discussion on Well-being & Sex Education to support parents/caregivers, educational professionals, and educators in designing learning spaces that prioritize the well being of youth through the exploration of age-appropriate and inclusive information about sex, bodies, boundaries, and relationships.

Learner-Centered Collaborative August 2021-October 2021

- Co-designed and co-developed a full day of professional development courses "Designing for Equity and Inclusion" and "Cultivating a Learner-Centered Community" to cultivate educator awareness of how power and privilege operate in everyday life and to help educators examine their classroom practices and explore multiple perspectives and pedagogical practices that nurture a meaningful and engaging learning community.

The Denver Green School March 2021-May 2021

- Collaborated with school staff to design a 6-8 grade content map for sex ed aligned with National Sex Education Standards and a resource hub for both staff and parents/caregivers in order to support and deepen their communication, teaching, and learning.
- Facilitated professional development sessions for teachers and meetings for parents/caregivers to answer questions about sex ed content map and provide resources.
- Provided teachers with instructional coaching and resources during implementation of sex ed classes.

Embark Education Micro School February 2021-March 2021

- Collaboratively developed and facilitated eight remote sex ed workshops with educators aligned with National Sex Education Standards. Content of workshops were collaboratively chosen with teachers and parents/caregivers.
- Facilitated parent and caregiver meetings to answer questions, address concerns, integrate their desires for sex ed, and most importantly build community, connection, and trust.
- Developed advisory workshops for teachers to implement with students to keep the conversations going and deepen learning of and engagement with sex ed topics.

The Blue Bench December 2020

- Collaborated with the Volunteer Coordinator to design, develop, and implement a pleasure and well-being workshop for The Blue Bench staff and crisis hotline volunteers.

INSTITUTE FOR SEXUALITY EDUCATION & ENLIGHTENMENT

Small Group Leader | Course Moderator

October 2021-present

- Facilitated discussions as a Small Group Leader for a 3 day course "Sexual Attitudes Reassessment" (SAR).
- Supported professors as a Zoom moderator for a 3 day course "The Exceptional Sex Therapist".

GIRLS ATHLETIC SCHOOL OF DENVER

7th grade Teacher | Curriculum Specialist | Content and Grade Level Lead

August 2017-August 2020

- Designed, developed and implemented a core class called GALS Series - a social emotional learning curriculum that addresses social-emotional wellness and supports comprehensive student development of the whole child, including physical, mental and sexual health, and cognitive, academic, and identity development.
- Supervised interdisciplinary team of 7th grade teachers as the Grade level lead.
- Developed sex education curriculum and served as the instructional coach for implementation of sex ed at both Girls and Boys Athletic Leadership schools.

GIRLS INC. OF METRO DENVER

Eureka! Coordinator

August 2016-August 2017

- Developed and implemented STEM-based educational programs aimed at building girls' confidence through achievements in math, science, technology, career development, and sports.
- Led implementation, evaluation, and redefinition of Eureka! program goals and objectives.
- Managed recruitment, training, supervision, and instructional support for all Eureka! staff.
- Provided instructional coaching and support during the healthy sexuality component of Eureka! programming.

GIRLS ON THE RUN OF NEW YORK CITY

Summer Program Coordinator

May 2016-July 2016

- Supported coordination and production of programs and workshops culminating with the Annual Girls on the Run 5K.
- Assisted Executive Director to interview and successfully hire Fall 2016 running coaches.
- Collected and evaluated volunteer data and experiences.
- Coordinated all logistics at all Girls on The Run program sites.

GIRLS INC. OF NEW YORK CITY

Outreach Coordinator | Community Educator

May 2015-February 2016

- Facilitated Girls Inc. National curriculum for grades K-12 at partner schools and organizations.
- Supervised an intensive summer peer-education program for middle and high school students highlighting critical media literacy.
- Collaboratively designed and implemented professional development workshops for school partners on leadership, advocacy, and gender equity.

ROBERT F. KENNEDY HUMAN RIGHTS

Program Consultant | Part-time Curriculum Writer

August 2014-March 2015

- Coordinated and facilitated meetings with New York City public school teachers across all five boroughs to promote and inform instructional leaders about the Speak Truth To Power curriculum.
- Developed lesson plans for the Speak Truth To Power curriculum.
- Facilitated human rights education workshops for schools to encourage teachers and students to engage in social justice issues through writing, film making, and theater.

GIRLS LEADERSHIP INSTITUTE

NYC Part-time Educator

August 2014-March 2015

- Designed, developed, and facilitated Girls Leadership curriculum for K-8 grade girls and their caregivers to enhance skills in building trust, social emotional intelligence, body image, assertive communication, conflict management, and fostering healthy and fulfilling relationships.

INTERNATIONAL CENTER FOR COOPERATION & CONFLICT RESOLUTION

Program Assistant

September 2013-August 2014

- Analyzed data and submitted evaluation reports to ensure course and program quality.
- Served as a Teacher Assistant for the Basic Conflict Resolution Course for Summer Principals Academy at Columbia University.
- Led a restorative justice practices workshop at the Summer Principals Academy for current teachers and future principals to consider integrating restorative justice principles into their work.

GIRLS INC. OF METRO DENVER

Community Educator

May 2010-August 2013

- Facilitated National Girls Inc. curricula for grades K-12 at the Girls Inc. center, partner schools, and in juvenile justice facilities.
- Designed, developed, implemented, and evaluated tailored curriculum to meet the needs of school partners and Girls Inc. center girls and their families/caregivers.



FELLOWSHIP AWARDS

GRAVITY

Social Entrepreneur Fellow

October 2021-December 2021

- Participated in an accelerator program for social entrepreneurs that are working to radically reimagine education.
- Received industry wisdom, feedback, and thought partnership from education stakeholders and other fellows in order to build my entrepreneur capacity to make our RE/SCRIPTED idea to co-design a sex education curriculum with youth a reality.

ITERATIVE SPACE

Iterative Space Fellow

June 2020-August 2020

- Built our company RE/SCRIPTED as an Iterative space fellow, a design lab for education professionals to build upon, iterate, and collaborate with each other to further an idea or passion project.
- Designed, developed, and piloted pleasure-centered sex ed workshops for middle and high school students and their caregivers in their backyards - masked up and six feet apart.
- Collaborated with another iterative fellow to design and develop a series of healing-centered and intersectional feminist workshops about race for adults called Silkstone.



VOLUNTEER EXPERIENCE

THE BLUE BENCH

Safe Bars Ambassador

August 2021-present

- Provide community engagement by collaborating with bars and other alcohol serving establishments to train staff to recognize and respond to incidents of sexual harassment and assault.
- Provide feedback and thought partnership on Safe Bars Training curriculum and pedagogy.

THE BLUE BENCH

On Call Crisis Support

March 2020-March 2021

- Provided support and information to survivors and secondary survivors of sexual assault through the 24-hour crisis hot-line.
- Completed 40 hours of Sexual Violence Advocacy training.