Monica X. Padilla

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Education

Master of Arts in Clinical Counseling

Denver Seminary-CACREP Program, Littleton, Colorado *May 1999-December 2001*

Bachelor of Arts in Psychology

University of Colorado at Denver, Denver, Colorado *January 1996-May 1999*

License

Issued by: Department of Regulatory Agencies (DORA)
Licensed Professional Counselor (LPC): LPC 0011962 *July 6, 2014*

Certificate

Issued by: Maiberger Institute
Eye Movement Desensitization and reprocessing (EMDR): *January 1, 2015*

Certificate

Issued by: Legacy Training International
Holistic Life Coaching Certificate *January 1, 2015*

Professional Experience

Trauma Informed Practices Specialist/Trainer, Denver, CO
August 2018– Present
Denver Public Schools

- Facilitate District wide Trauma Informed PDU's for all school staff
- Provide systems level consulting on Trauma Informed Care
- Work collaboratively with school district teams : restorative practices, SEL, Equity to ensure whole child collaboration

Bilingual Mental Health Therapist and Life Coach Denver, CO *August 1st, 2014-2018*
Mi Mariposa Counseling, LLC Private Practice

- Complete initial psychosocial assessments for clients in private practice
- Provide individual and couples therapy

- Utilize primarily brief solution focused therapy and CBT
- Specialized training in EMDR protocol
- Provide case management services to clients as needed
- Maintained clinical records/documentation
- Evaluate crisis situations and take appropriate action to ensure safety
- Ensure high level of culturally appropriate case conceptualization and treatment interventions

Bilingual Mental Health Clinician, Denver, CO *July 24, 2014-Present*

Clinica Colorado-Part-time sub-contractor

- Complete initial psychosocial assessments for clients in a medical center
- Provide individual therapy
- Utilize primarily brief solution focused therapy and CBT
- Provide case management services to clients as needed
- Maintained clinical records/documentation consistent with agency standards and in a timely manner
- Evaluate crisis situations and take appropriate action to ensure safety
- Ensure high level of culturally appropriate case conceptualization and treatment interventions

Facilitator, Denver, CO *August 2014 – Present*

Dispute Resolution Professionals

- Facilitate 4 hour workshops for Court-Ordered parenting classes, "In the best interest of the Children"
- Ensure high level of culturally appropriate presentations in Spanish

Bilingual Mental Health Clinician, Denver, CO *July 2013 – July 11, 2014*

Servicios de la Raza

- Complete initial psychosocial assessments for clients
- Develop individual service plans for each client
- Provide individual therapy to adolescents, women, men, couples
- Utilize primarily brief solution focused therapy and CBT
- Provide case management services to clients as needed
- Maintained clinical records/documentation consistent with agency standards and in a timely manner
- Evaluate crisis situations and take appropriate action to ensure safety
- Ensure high level of culturally appropriate case conceptualization and treatment interventions

Bilingual Marriage and Family Therapist, Los Angeles, CA *November 2008 - July 27, 2010*

Amanecer Community Counseling Services

- Conduct intakes and psychological evaluations
- Provide individual therapy to children, adolescents, adults and families
- Ensure high level of culturally appropriate case conceptualization and treatment interventions
- Provide case management services to clients as needed
- Provide care coordination with other providers including primary care providers, school, personnel, family members and community providers
- Maintained clinical records consistent with agency standards

- Participated and trained in MAT (Multidisciplinary Assessment Team)
- Part time in school based services team with elementary and middle school students
- Participation with Family Preservation Families

Bilingual Mental Health Therapist, Commerce City, CO *August 2007-October 2008*
Community Reach Center

- Conduct intakes and psychological evaluations
- Provide individual and family therapy to caseload of 55 plus clients
- Provide case management services to clients as needed
- Provide care coordination with other providers including primary care providers, school, personnel, family members and community providers
- Maintained clinical records consistent with CRC standards

Flight Attendant, Los Angeles, CA LAX *August 2006 – August 2007*
United Airlines

- Performed all flight attendant duties: assisting customers with needs and request
- Meal and drink service
- Assist pilot and other flight attendant crew
- Perform all relevant safety procedures and excellent customer service
- Trained in international flight services
- Extensive Customer Service Training

Mortgage Planner, Denver, CO *April 2003-July 2006*
Prestige Capital Funding

- Originate Mortgage Loans: analyze credit and financial situation
- Process loan: order title, insurance, appraisal, verification of employment and rent
- Manage relationships with borrowers, realtors, and lending institutes
- Responsible for analyzing all documents and seeing loan to closing

Bilingual Mental Health Therapist -School and Clinic Based, Thornton, CO *June 2004-June 2005*
Community Reach Center

- Conduct intakes and psychological evaluation
- Provide individual and family therapy in high schools and medical center
- Coordinate services with Clinica Campesina Health Center and Thornton High School and provide individual therapy to individuals at the clinic and in the school
- Maintained Clinical records consistent with CRC standards
- Provide care coordination with other providers including primary care providers, school, personnel, family members and community providers
- Participate in weekly team meetings and supervision
- Ensure Mental Health Grant data collection as required for outcomes
- Ensure high level of culturally appropriate case conceptualization and treatment interventions

Internships

Bilingual Mental Health Therapist II, Denver, CO *2002 – 2003*

MHCD-El Centro de las Familias

- Conduct intakes and psychological evaluations
- Provide individual, family therapy, and groups
- Provide case management services to clients as needed
- Maintained clinical records consistent with MHCD standards
- Participate in weekly team meetings and supervision

Strengthening Families Grant/ Bilingual Mental Health Therapist I, Denver, CO *2001-2002*

Mental Health Center of Denver

- Coordinate the recruit of families for family therapy program SAMHSA grant
- Conduct pre and post test for grant outcomes
- Conduct family therapy sessions using Brief Strategic Family Model
- Trained in BSFT Model
- Ensure Mental Health Grant data collection as required for outcomes

Strengths

- Fluent in Spanish (written and spoken).
- I am a motivated team player with a positive attitude.
- I possess initiative and passion to work with people of diverse backgrounds.
- I have high level of awareness of cultural differences and needs.
- Excellent organizational, interpersonal and communication skills.
- Ability to develop, plan, and implement short- and long-range goals.
- Ability to develop and maintain record-keeping systems and procedures.
- I am willing to learn and grow.

References available upon request