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BAC-9516

Contact Information

Contact Name	Cari Ladd	**Home Address**	[redacted]
Preferred Phone	[redacted]	**Home City**	Denver
Preferred Email	[redacted]	**Home State**	CO
Other Phone		**Home Zip**	[redacted]
Other Email		**County**	CO
DOB	[redacted]	**Hispanic or Latino origin or Descent?**	No
SSN		**Race/Ethnicity**	Caucasian
Gender	Female	**Other Ethnicity**	
Other Gender		**Salutation**	
		Pronouns	She/Her

Application

Status	New	**Council Resolution Number**	
Notes			

Board Information

Board Name	Denver Community Corrections Board	**Original Start Date**	
		End Date	
		Other boards or commissions served	

Work Information

Employer		**Work Address**	
Position		**Work City**	
Business Phone #		**Work State**	
Work Email		**Work Zip**	

Additional Information

Are you a registered voter?		**Objection to appointment?**	No
If so, what county?	Denver	**Special Information**	
Denver City Council District No	6	**Registered Lobbyist**	No
Conflict of Interest Explanation		**Conflict of Interest**	No

Education and General Qualifications

Name of High School		Name of Graduate School	
Location of High School		Location of Graduate School	
# of Years Attended High school		# of Years Attended Graduate School	
Did you Graduate High School	Yes	Did you Graduate	
		Graduate Major	
Name of College			
Location of College			
# of Years Attended College			
Did you Graduate College			
Undergrad Major			

Reference Details

Reference Name #1		Reference Email #1	
Reference Phone #1		Reference Address #1	
Reference Name #2		Reference Email #2	
Reference Phone #2		Reference Address #2	
Reference Name #3		Reference Email #3	
Reference Phone #3		Reference Address #3	
Agree to a background check	✓		
Owner	[redacted]	Created By	[redacted]
		Last Modified By	[redacted]

Notes & Attachments

Cari Ladd Bio.docx

Type	**Attachment**
Last Modified	**Denver Integration**
Description	
	View file

Cari Ladd Resume May 2024.pdf

Type	**Attachment**
Last Modified	**Denver Integration**
Description	
	View file

Cari Ladd Headshot.jpg

Type	**Attachment**
Last Modified	**Denver Integration**
Description	
	View file

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Cari A. Ladd, LCSW

[redacted]

Colorado State Licensed Clinical Social Worker [redacted]

Education

Master of Social Work, Interpersonal Practice April 2008
Mental Health concentration, School Social Work Certification
University of Michigan- Ann Arbor, Michigan

Bachelor of Arts, Criminology, Summa Cum Laude May 2006
University of New Mexico-Albuquerque, New Mexico

Eye Movement Desensitization and Reprocessing Trained Clinician January 2016

Experience

The Steadman Group, LLC March 2024-present
Senior Behavioral Health Consultant

- Collaborates within a woman-owned social services consultancy on a variety of private-contracted projects, including writing on a state Regional Accountable Entity (RAE) bid and a Health Services Administration (HRSA) grant application.
- Leads the development and implementation of Contingency Management programs with private and non-profit program partners.
- Provides subject matter expertise in behavioral health, substance use disorder and Medicaid policy, including technical assistance and strategic planning.
- Support public health organizations in analyzing their behavioral health services, health plans improve their treatment and community engagement strategies, treatment organizations augment their effectiveness, and recovery and social service organizations become more sustainable and integrated into the health care system.
- Offers high quality professional healthcare consultation to clients in a service-oriented approach to understand client needs, requested services, and client expectations.
- Write and produce professional quality reports and client deliverables, conduct stakeholder meetings, and develop plans to help clients achieve their goals.
- Support the growth of Steadman Group including business development and community involvement.

WellPower, TherapyDirect, Denver, CO December 2021-March 2024
Program Manager/Project Director

- Leading the development of a virtual urgent mental healthcare program funded through a $2.7M grant from The Substance Abuse and Mental Health Services Administration (SAMHSA). TherapyDirect is a completely virtual service that connects a person experiencing a mental health crisis in real time with therapists and peer specialists using telehealth.
- Develop the TherapyDirect program including clinical workflows, partner with the MHCD Research and Evaluation Department to create procedures for gathering data while also maintaining ethical considerations, partner with the MHCD Information Systems department to develop a telehealth protocol allowing for on-demand access to services while maintaining HIPAA compliance, coordinate and collaborate with community stakeholders including non-profits, city programs and agencies, and Denver City Council to bring TherapyDirect to their community members.
- Report to SAMHSA to ensure that TherapyDirect meets identified service and research goals during the two-year grant period. This includes report writing, verbal communication, and entry of data into a national database.
- Supervise 8 clinical staff and one Administrative Assistant and assist with oversight of 6 additional staff in 3 additional agency departments.

- Lead the hiring process for new staff as well as manage onboarding and on-going training.
- Provide clinical and administrative support for clinical staff, ensure compliance with MHCD policies, and state and other regulatory policies regarding clinical care and documentation.
- Complete yearly performance evaluations through Catalytic Coaching for all staff.

Mental Health Center of Denver, Walk-In Crisis Center, Denver, CO September 2018-December 2021
LCSW

- Provide emergency services, clinical assessments and behavior health treatment in an urgent care setting.
- Partner with community resources to coordinate care for people receiving crisis services to help facilitate access to services. This includes outpatient mental health and substance abuse treatment, higher level of care or respite referrals including short term inpatient crisis stabilizations units or psychiatric hospitalizations, food and shelter resources, and primary care providers.
- Work with multidisciplinary teams both internally at the crisis center and in the community to help coordinate care so that people receiving services can engage in longer term treatment if desired.
- Help manage a waiting room milieu as people are waiting to obtain Walk-In Center services.
- Serve as a liaison with community members and service providers, educating them on services the Walk-In Crisis Center provides a linkage to care.
- Document, according to Colorado State and HIPPA compliance standards, clinical case notes using an electronic medical records program.
- Participate in individual and clinical team supervision to improve service provision to clients and enhance clinical treatment intervention skills.

Clinical Internship Supervisor

- Provide direct supervision to a master's level, second year student and secondary supervision to two additional students (PhD and Batchelor level) including case consultation, teaching of clinical skills to utilize in individual psychotherapy, reviewing documentation and providing feedback, completing quarterly reviews to highlight areas of success and develop plans to enhance practical skills, and facilitate termination and transition for clients served at the end of the clinical internship year.

Metro State University, Off-Site Field Instructor, Denver, CO September 2021-May 2022

- Provide clinical supervision to four Metro State University School of Social Work Graduate and Undergraduate students in the Field Placement department.
- Collaborate with the Metro State University Faculty Field Liaison and agency on-site supervisor to assess student progress towards achieving learning agreement goals.
- Contribute to the student's evaluation at the end of the semester.

Mental Health Center of Denver, Wellshire Behavioral Services, Denver, CO August 2014-May 2019
LCSW

- Conduct individual and family therapy sessions for clients seeking outpatient behavioral health services between ages 5 and 80 in a community mental health center using evidenced based practices including Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Eye Movement Desensitization and Reprocessing, Cognitive Behavioral Therapy for Insomnia (CBT-I), Motivational Interviewing, and Solution Focused Brief Therapy.
- Conduct psychosocial evaluations for new patients providing a mental health diagnosis using the DSM 5.
- Formulate and implement collaborative treatment plans with clients and psychiatrists to assist in meeting identified treatment goals and support clients in achieving and maintaining psychiatric stability.
- Coordinate services with community resources to assist clients in obtaining services to meet identified needs including food and housing assistance, facilitate referrals for additional psychiatric services including day treatment, vocational or socialization programs, admission for changing level of care needs and for school aged children inform classroom behavioral intervention plans.

- Document, according to Colorado State and HIPPA compliance standards, clinical case notes using an electronic medical records program.

Clinical Internship Supervisor

- Provide direct supervision to a master's level, second year student including case consultation, teaching of clinical skills to utilize in individual psychotherapy, reviewing documentation and providing feedback, completing quarterly reviews to highlight areas of success and develop plans to enhance practical skills, and facilitate termination and transition for clients served at the end of the clinical internship year.

Cognitive Behavioral Therapy for Insomnia (CBT-I) Trainer

- Provide agency wide clinical trainings on CBT-I treatment interventions for staff including case managers, therapists, and psychiatrists and psychiatric nurse practitioners. Training includes information of sleep architecture, assessment, and clinical, non-medication based, interventions for addressing insomnia.

Agency Committee Membership

- EMDR provision task force
- Evidenced Based Practice Collaboration

Lutheran Medical Centers, Sunset Terrace Family Health Center, Brooklyn, NY May 2011-June 2014
LCSW for Outpatient Community Mental Health Center

- Conduct individual and family therapy sessions for patients seeking outpatient behavioral health services between ages 5 and 70 ranging in severity and persistence of psychiatric symptoms and DSM IV-TR diagnosis using a multidisciplinary approach.
- Conduct group therapy sessions using the Wellness intervention mode developed through the New York State Office of Mental Health targeting adults with persistent mental illness and developing and implementing a social skills group for adolescent females.
- Conduct initial intake screenings and psychosocial evaluations for new patients providing a multiaxinal diagnosis using the DSM IV-TR.
- Formulate and implement collaborative treatment plans with patients and psychiatrists to assist in meeting identified treatment goals and support patients in achieving and maintaining psychiatric stability.
- Collaborate with community resources to assist patients in obtaining services to meet identified needs including food and housing assistance, facilitate referrals for additional psychiatric services including day treatment, vocational or socialization programs, admission for changing level of care needs and for school aged children inform classroom behavioral intervention plans.
- Document, according to hospital and HIPPA compliance standards, clinical case notes using an electronic medical records program.
- Prepare for compliance of service provision audits for The Joint Commission (JCAHO) and Office of Mental Health.

The Children's Village: Residential Treatment Center, Dobbs Ferry, NY August 2009 - May 2011
LMSW for New Directions Problematic Sexualized Behavior Program

- Conduct individual, family, and sibling therapy sessions for significantly psychiatrically involved adolescents with problematic sexualized behavior, ages 12-18, and their families using Cognitive Behavior Therapy, Trauma Systems Therapy, Experiential Therapy, and Animal Assisted Therapy.
- Conduct group therapy sessions addressing problematic sexualized behaviors, risk and anger management, and socialization skills.
- Facilitate Multi-Family Groups, providing psycho-education and support to families of program residents.
- Formulate and implemented appropriate treatment and permanency plans for children and their families
- Provide clinical input based on the Trauma Systems Therapy Treatment Model into the therapeutic milieu to ensure the most appropriate care for each child
- Development and implementation of Trauma Systems Therapy Treatment Model treatment plans.

- Collaborate with outside agency treatment providers to assess appropriateness of and readiness for reunification between family members and co-facilitate clarification therapy sessions.
- Collaborate with inter/intra-agency services and social systems including the Administration for Children's Services, the Department of Social Services, and Family Court, to address children's needs regarding safety, well-being, and permanency
- Train and educate agency staff on problematic sexualized behaviors and the use of experiential therapy through Children's Village Orientation and Training (CVOT) and internal agency trainings

The Children's Village: Residential Treatment Center, Dobbs Ferry, NY October 2008 – August 2009
LMSW for Hard-to-Place Program and Trauma Systems Therapy Team Leader

- Conduct individual, family, and sibling sessions for significantly psychiatrically involved children, ages 6-15, and their families using play therapy, Cognitive Behavior Therapy, Trauma Systems Therapy, and nonverbal interventions
- Formulate and implemented appropriate treatment and permanency plans for children and their families
- Provide clinical input based on the Trauma Systems Therapy Treatment Model into the therapeutic milieu to ensure the most appropriate care for each child
- Development and implementation of Trauma Systems Therapy Treatment Model treatment plans.
- Collaborate with inter/intra-agency services and social systems including the Administration for Children's Services, the Department of Social Services, and Family Court, to address children's needs regarding safety, well-being, and permanency
- Collaborate with the cottage clinical and sociotherapy team to develop and implement Positive Behavioral Interventions & Support into the therapeutic milieu
- Coordinate all treatment provided to each resident to ensure appropriateness, timeliness and effectiveness of interventions and complete necessary clinical documentation including treatment plans and psychosocial assessments.
- Use of *Connections* to document case management activities

Holiday Camp Experiential Education Program, Monroe, MI September 2007- June 2008
Social Work Intern

- Help coordinate and facilitate experiential therapy sessions with self-contained, middle school classrooms
- Develop and facilitate handicapped accessible activities to be used for experiential education
- Work with special education teachers to develop intervention plans that will best serve individual students' needs
- Development of an evaluation plan in conjunction with program director to assess experiential education program effectiveness

Monroe County Youth Center, Treatment Program, Monroe, MI January 2008-March 2008
Social Work Intern

- Designed and facilitated three eight week experiential therapy groups with adjudicated youth
- Promote positive self-efficacy and increase knowledge and mastery of interpersonal skills including positive peer and adult interaction, decision-making and problem solving through experiential education.
- Created a safe environment that was validating, encouraging, appropriately structured, and engaging.

Wayne Memorial High School, Wayne, MI September 2006- June 2007
Social Work Intern

- Worked with a case load of 7-10 students on an individual basis offering counseling and tutoring services
- Co-facilitated a weekly group for students classified as emotionally impaired utilizing adventure education
- Co-facilitated a weekly anger management group with 3-5 students
- Organized and facilitated a school wide peer mentorship program
- Researched and reviewed current in school suspension policies and participated on a team with district school social workers, teachers and district Superintendent to improve the current program
- Completed student classroom observations