





# 2016 DENVER COUNTY CULTURAL COUNCIL APPLICATION

Name Jasmine Crane, MS, MA, NCC, LPC
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Phone (W) 720:580.1729 (H) N/A (C) 303.359.610(
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Occupation/Employer OWNer + Drimary Therapist Transcent
Highest Level of Education or Degree Earned: MS & MA Year completed: 2005
Ethnicity: African American
Are you a resident of the City and County of Denver? Yes No
Are you at least 21 years of age? Yes No
Are you a current board member or paid staff member of any organization applying for Tier III funding? Yes No
Are you willing to disclose any conflict of interest? Yes No
1) QUALIFICATIONS: What is your experience with arts, cultural, scientific or historical organizations? Describe the nature of your involvement, including the organization(s) and time period(s).
2) <u>EDUCATION, KNOWLEDGE &amp; SKILLS:</u> Briefly describe your education and the knowledge and skills you would bring to the DCCC.
3) <u>VOLUNTEER/COMMUNITY INVOLVEMENT:</u> List and briefly describe your community and volunteer activities.
4) <u>REFERENCES:</u> List the name, phone number, and affiliation of 2 organizations/individuals with which you have worked in any of your community involvements in the past 5 years.

#### **ADDITIONAL INFORMATION:**

- Please answer the questions stated above even if you attach a bio.
- If not selected for the DCCC would you be willing to serve on another volunteer panel?
- Is there anything that would adversely affect public confidence in your appointment? If yes, please explain.

Please submit applications to Tariana Navas-Nieves, Director, Cultural Affairs at <a href="mailto:Tariana.Navas@denvergov.org">Tariana.Navas@denvergov.org</a>

#### 1.) Qualifications

I am a 2008 alumnus of the Colorado Business Committee for the Arts (CBCA) Leadership Arts Program and my passion for the scientific, cultural, and historical organizations in Denver began at a young age. While in high school I worked as a volunteer tour guide for the Colorado History Museum for two years. I am a patron of most of the museums/galleries in Denver and I have been a member of the Denver Arts Museum in years past (2011 and 2012).

I frequently attend both community and Broadway theatres and have been actively involved in the shows at Curious theatre company this past season, even encouraging my mother, Dr. Rosemarie Allen, to participate in their talk backs.

Perhaps most importantly, I am deeply passionate about the work of the Cultural Council and I am prepared to bring a diverse, compassionate, and insightful point of view to the organization.

#### 2.) Education, Knowledge & Skills

I hold a Bachelors of Arts in Creative Writing, a Masters of Science in Integrated Marketing and Management Communications and a Masters of Arts in Counseling Psychology and Counselor Education.

I am the owner and primary psychotherapist at Transcendent Counseling LLC where I offer individual, group, couple and family counseling. I specialize in eating disorders, personality disorders, and life-cycle transition, among other things. In addition, I am an adjunct faculty member at both the University of Colorado Denver and Metropolitan State University of Denver.

## 3.) Volunteer/Community Involvement

I have volunteered my team through offering workshops, seminars and public speaking on implicit bias, how trauma impacts the brain development of African American teens and the importance of cultural and arts interventions when working with adolescents who have eating and personality disorders.

Currently, I volunteer my time by offering free weekly groups and some art therapy for people who cannot afford mental health care.

#### 4.) References

Nikiyah Gill—720-936-9236 Rachel Cain—720-641-6591

# 5.) Additional Information

I have attached my CV for more information.

If not selected, I am willing to serve on another volunteer panel.

There is nothing that would adversely affect public confidence in your appointment.

# Jasmine Crane, MS, MA, NCC, LPC



3415 Josephine Street, Denver, Colorado 80205

Phone: (303) 359-6106

jasminecrane@transcendentcounseling.com

www.transcendentcounseling.com

#### **EDUCATION**

**University of Colorado Denver**, Masters of Arts, Counseling Psychology and Counselor Education Emphasis: Couple and Family January 2009 – May 2013 Chi Sigma lota

The Florida State University, Masters of Science, Integrated Marketing and Management Communications
August 2004 – August 2005
Cum Laude

**The Florida State University,** Bachelors of Arts, English Emphasis: Creative Writing August 2001 – August 2004 Cum Laude

#### LICENSURE

Colorado, Licensed Professional Counselor, LPC October, 2015
<a href="https://www.dora.colorado.gov/professions">www.dora.colorado.gov/professions</a>

National Board of Certified Counselors, National Certified Counselor, NCC 2013-Present http://www.nbcc.org

#### **TEACHING EXPERIENCE**

**Affiliate Faculty, Professor**, UEDU 4/5010, Social Foundations and Cultural Diversity in Urban Education University of Colorado Denver, Urban Teacher Education Program Denver, Colorado *Fall 2016* 

**Affiliate Faculty, Professor**, ECE 2100, Introduction to Early Childhood Education Metro State University Denver, Colorado

Spring 2016 - 2 sections

Affiliate Faculty, Professor, ECE 2370, Social and Emotional Curriculum Development for Young Children
Metro State University
Denver, Colorado
Spring 2016

Guest Lecturer, "Brofenbrenner's Ecological Systems Theory", Working With Communities and Families in Early Childhood, (ECE 4310), Metro State University
Denver, Colorado
2015

Guest Lecturer on Ecological Theory Class for rising ECE teachers

**Training Lead**, Acceptance and Commitment Therapy (ACT, Eating Recovery Center Denver, Colorado 2013-2015

- Developed and implemented training curriculum and materials to train new employees in the ACT treatment modality
- Created an eating disorders-focused perspective on ACT to present to new employees

**Professor**, Early Childhood Growth and Development Denver, Colorado *Fall Semester*. 2013

 Long-Term substitute professor focusing on growth and development for ECE teachers wanting to fulfill requirements for Directors Certification

**Lead Teacher**, KinderCare Learning Center Aurora, Colorado 2009-2011

- Lead teacher for toddler and two-year old classrooms
- Provided lead teacher trainings on classroom behavioral management
- Provided parenting trainings

**Reading/Writing Teacher**, KIPP COLE College Prep Denver, Colorado 2005

- Taught 7<sup>th</sup> and 8<sup>th</sup> grade students language arts
- Founding teacher, mentored newer teachers
- Recruited entire school population

Provided marketing and public relations services for the school

#### **CLINICAL EXPERIENCE**

**Private Practice**, Transcendent Counseling LLC Denver, Colorado 2014-Present

Owner and Primary Therapist

Provide Individual (age 15+), Couple, Family, and Group Counseling

Specializing in people of color, personality and eating disorders, life-cycle transition

Primary Therapist II, Eating Recovery Center Pine Behavioral Health

Denver, Colorado

2014-2016

- Provide therapy to a case load of 6-7 patients on all levels of care (Inpatient, Residential, Partial Hospitalization)
- Specialties: Borderline Personality Disorder, Addiction, Trauma, Sexual and Gender orientation
- Manages patient treatment team of family therapist, psychiatrist, case manager and dietician
- Provide clinical supervision to Milieu Coordinators
- Treatment and Discharge Planning
- Group Therapy

**Milieu Coordinator III**, Eating Recovery Center Partial Hospitalization Program Denver, Colorado 2011-2014

- Created and implemented group curriculum
- Provided coverage for primary and family therapist, as well as management
- Mentored less experienced Milieu Coordinators
- Responsible for creating, writing and revising program policy and procedures
- Individual, group, couple and family counseling
- Responsible for training new PHP employees on Acceptance and Commitment Therapy (ACT) model

**Couple and Family Therapy Intern,** Colorado State Employee Assistance Program (CSEAP), Denver, Colorado 2013-2014

- · Provided counseling for Colorado state employees, their partners, and families
- Provided professional trainings/presentations/workshops to a variety of state divisions and agencies on a variety of topics (stress, mindfulness in the workplace, balancing work/life)
- Worked with a variety of presenting issues, family constellations and types of clients
- Provided workplace consultations, crisis interventions, and case conceptualization presentations

**Group Facilitator Intern**, Fostering Healthy Futures Program, The Kempe Center Denver, Colorado 2010-2011

- Co-facilitated a 30-week group of pre-adolescent children who were placed in foster care
- · Helped reduce stigma associated with foster care placement
- Taught coping strategies for grief/loss, problem-solving skills
- Emphasized identifying and developing healthy relationships

#### ADDITIONAL TRAINING/SPECIALTIES

**Eating Disorders** 

Acceptance and Commitment

Personality Disorders

Therapy (ACT)

Transgender Issues in Eating

Dialectical and Behavioral

Disorders

Therapy (DBT)

Systems Theory

Blackboard, LiveText, EMR

#### PROFESSIONAL ACTIVITIES

#### **WORKSHOPS**

The Impact of Trauma On African American Male Brain Development

 Ongoing classroom presentation for education faculty at various Colorado Universities and Civic Organizations to identify and address issues of power, privilege and discrimination among students and teachers

# Self-Directed Approaches to Treating Eating Disorders

- Presented treatment approach using the Temperament and Character Inventory to assess and plan treatment for people struggling with eating disorders.
- Presented at various national eating disorder conferences

# Learning to Honor, Respect and Work with Privilege, Power and Difference In the Classroom

- Ongoing classroom presentation to students in the Early Childhood Program at Metropolitan State University of Denver
- Program focuses on ways to identify and address issues of power, privilege and discrimination among students and teachers

## Doing "Me" Without Apology

- Shorter Community AME Church Women's Conference
- Program focuses on authenticity, vulnerability, transparency and values-directed living within a Christian context

# What's a Tweet? Parenting in the Age of Social Media

- Ongoing parenting training that acts as an introductory seminar for parents on different types of social media and how they work.
- Training for parents on best practices on allowing their children access to social media.

Chamber Connect Mental Health Expo: Mental Health Issues Affecting African Americans today

- Workshop and keynote speaking presentation for Chamber Connect class of 2015 and people in the community.
- Training and psychoeducation on prominent mental health issues affecting African Americans today.

Mental Health Issues of Young African American Women

- Jack and Jill of America, Inc Adolescent Escort Workshop 2013-2015
- Workshop focuses on mental health issues affecting African American Adolescents

#### VOLUNTEER/PRO-BONO

**Group Facilitator**, Binge Eating Support Group, The Eating Disorder Foundation Denver, Colorado 2013-Present

- Facilitate an open psychoeducational support group, once per month, for adult men and women struggling with disordered eating
- Frequently requested by group members to discuss self-compassion, mindfulness, and valuesdirected living

**Group Facilitator**, General Eating Disorders Support Group, The Eating Disorder Foundation Denver, Colorado 2013-Present

- Facilitate an open psychoeducational support group, once per month, for adult men and women struggling with disordered eating
- Frequently requested by group members to discuss self-compassion, mindfulness, and valuesdirected living

**Group Facilitator**, Safe Spaces Support Group, The Phoenix Center at Auraria Campus Denver, Colorado 2010-2013

- Developed and implemented a 9-week support group for survivors of sexual assault
- Group was offered weekly in each semester at Auraria campus