

CDE School Health Professionals/Substance Use Prevention Menu of Options

Prevention Education	Environmental Strategies	Alternative Activities	Problem ID and Referral
Life Skills Training Program*	Sources of Strength*	Gay/ Straight Alliance	Teen Intervene*
MEI Impact and Awareness Program*	Trauma Informed Systems of Care	na constant sur	Coping Cat*
Learning2 Breathe*	Random Acts of Kindness*		
Signs of Suicide*			Call Control Control
Media Smart Youth			
Strengthening Families Program *			

School	Program chosen	
Abraham Lincoln	Learning to Breathe, MEI, SOS, RAK	
DCIS Montbello	Sources of Strength, Teen Intervene, GSA	
Denver Online	Media Smart Youth, Teen Intervene, Trauma Informed process	
DSA	MEI, Sources of Strength, SOS	
DSISD	Coping Cat, LifeSkills, GSA	
East	Sources of Strength, MEI, Learning to Breathe	
Florence Crittenton	RAK, MEI, Teen Intervene	
Grant Beacon	LifeSkills, Coping Cat	
George Washington	LifeSkills, Learning to Breathe, RAK	
Hamilton	Strengthening Families, Teen Intervene, MEI, LifeSkills	
Henry/Bear Valley	GSA, LifeSkills, Teen Intervene, Learning to Breathe	
Hill Campus	MEI, Teen Intervene, Strengthening Families	
JFK	MEI, SOS, Teen Intervene	
Lake International	Learning to Breathe, RAK, GSA	
Manual	LifeSkills, MEI, Teen Intervene, RAK	
Merrill	Sources of Strength, LifeSkills, Teen Intervene	
Noel Community Arts School	Sources of Strength, GSA, LifeSkills, Teen Intervene, Strengthening Families	
North	Sources of Strength, MEI, Trauma Process	
Northfield	Sources of Strength, Teen Intervene, LifeSkills	
Odyssey	LifeSkills, Teen Intervene, RAK, MEI	
Prep	RAK, Teen Intervene, SOS	
Skinner	Teen Intervene, SOS, GSA	
South	SOS, Teen Intervene, Learning to Breathe	
Summit Academy	Sources of Strength, Teen Intervene, SOS	
TJ .	Sources of Strength Lifestille Add Co.	
West EC	Sources of Strength, LifeSkills, MEI, Coping Cat, Teen Intervene Teen Intervene, MEI, Trauma Process	
West Leadership	MEI, GSA, Learning to Breathe	

Program Impact

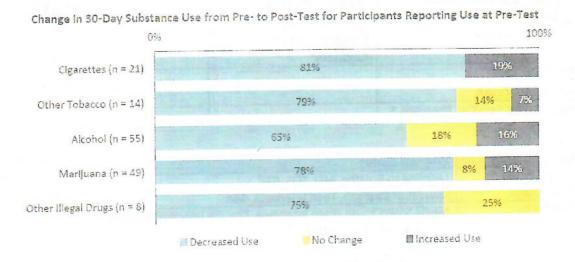
The goals of the Substance Use Prevention Program are to:

1. Prevent or delay the initiation of substance use:

It is positive to note that most students were not using substances at pre-test (95%); 96% of these non-using students maintained their abstinence at post-test.

2. Reduce past 30 day use:

For students who were using, a significant number of these students reduced or quit their use at post-test.



3. Increase the perception of harm:

Several of the program curricula showed positive increases in student perception of harm, which is notable given the general decline in perception of harm (specifically for marijuana) among young people in Colorado.